

# Brittany L. Stevenson

## Contact Information

920 3rd Ave. S., Apt #6, Fargo, ND 58103  
Brittany.Stevenson@ndsu.edu  
(952) 270-5901

## + Education

- Aug 2013 – Present      **PhD in Psychological Clinical Science**  
GPA: 4.0  
North Dakota State University, Fargo, ND
- Sept 2007 – May 2011    **Bachelor of Science in Psychology**  
**Bachelor of Arts in Spanish**  
Major GPA: 4.0 (Psych), 3.9 (Spanish)  
College of St. Scholastica, Duluth, MN

## + Awards / Nominations

- **PASS/Psi-Chi Organizational Award**  
*The College of St. Scholastica, Duluth, MN*
- **Graduated with Summa Cum Laude honors**  
*The College of St. Scholastica, Duluth, MN*
- **Nominated: Outstanding Senior**  
*The College of St. Scholastica, Duluth, MN*
- **Nominated: Psychology Department Service Award**  
*The College of St. Scholastica, Duluth, MN*

## + Research Experience

- August 2013 - Present      **Lab Manager**  
North Dakota State University, Fargo, ND  
Robert Dvorak, Ph.D., Health Addiction Risk & Motivation Lab
  - Assists main researcher in examining the relationships between motivation/self-control and a multitude of health risk behaviors, including alcohol use and suicide
  - Serves as Lab Manager for 2013-2014 academic year
  - Assists main researcher in recruiting participants, gathering data, data analyses and publication
  - Attends bi-weekly lab meetings intended to advance research assistants' knowledge in advanced research methods and statistical analyses
- Jan 2010 - May 2011      **Independent Research Project, Dept. of Psychology**  
College of St. Scholastica, Duluth, MN  
Karen Petersen, Ph.D.
  - Analyzed correlations between forum topics on the internet and frequency of aggressive comments posted.
  - Researched background literature and independently designed research study.
  - Regularly consulted peers and reviewed peers' work to improve proposals.
  - Created and coded data file in SPSS for the analysis of variables.
  - Gathered, analyzed and reported data.

## + Presentations

- Comparing eating disorders symptoms in college and community men and women. Application under review.
- Cognitive control moderates the association between emotional instability and alcohol-related consequences. *Association for Psychological Science*. San Francisco, CA, May 2014.
- What do flames talk about? An analysis of online forum threads. *Twin Ports Undergraduate Psychology Conference*, Duluth, MN, April 2011.

## + Research Productivity

---

Dvorak, R. D., Sargent, E. M., Kilwein, T. M., **Stevenson, B. L.**, Kuvaas, N. J., & Williams, T. J. (2014). Alcohol Use and Alcohol-related Consequences: Associations with Emotion Regulation Difficulties. *American Journal of Drug and Alcohol Abuse*, 40(2), 115-120.

**Stevenson, B. L.**, Dvorak, R. D., Williams, T. J., Kuvaas, N. J., Spaeth, D. L. (under review). Cognitive Control Moderates the Association between Emotional Instability and Alcohol-related Consequences.

Dvorak, R.D., Kuvaas, N.J., Williams, T.J., & **Stevenson, B.L.** (under review). Differences in drinking motives across empirically derived drinking classes.

Dvorak, R.D., Wray, T.B., Kuvaas, N.J., Williams, T.J., & **Stevenson, B.L.** (under review). Behavioral self-regulation moderates event-level associations between alcohol and risky sexual behavior.

Kuvaas, N.J., **Stevenson, B.L.**, & Dvorak, R.D. (in progress). Increasing intentions and closing the intention-action gap: Modifying protective behavioral strategies for alcohol use via deviance regulation theory.

## + Work Experience

---

Jan 2014 - May 2014 **Graduate Teaching Assistant - Psychology of Aging and Research Methods**  
*North Dakota State University, Fargo, ND*  
*Dr. Linda Langley*

Nov 2011 - Aug 2013 **Program Coordinator**  
*Legacy Endeavors, Saint Paul, MN*  
*Ashley Oolman and Amy Deaville*  
Managed residences for adults with developmental disabilities, mental illness and traumatic brain injury by:

- Providing direct therapeutic support to individuals, including behavioral interventions and symptom management
- Creating and implementing skill-building, outcomes-based plans and analyzing data to ensure progress.
- Communicating with interdisciplinary teams on progress and meeting at least annually to discuss services.
- Ensuring compliance with county and state licensing requirements by regularly documenting about finances, health, behavioral progress and medications.
- Supervising and training all direct care staff on procedures and routines in each home

Jan 2009 - May 2011 **Teaching Assistant - Statistics**  
*College of St. Scholastica, Duluth, MN*  
*Darryl Dietrich, Ph.D.*

- Assisted professors in the Department of Psychology and occasionally helped students to understand material.
- Proctored exams, graded assignments, entered scores into grade sheets and developed a sense of flexibility by performing other miscellaneous tasks as requested.
- Also regularly helped other professors with TA-related work in courses such as General, Lifespan Developmental and Social Psychology, as well as Research Methods.

Sept 2010 - May 2011 **Teaching Assistant - Spanish**  
*College of St. Scholastica, Duluth, MN*  
*David Schuettler, Ph.D.*

- Served as the only non-native speaker of four Spanish tutors for students trying to learn Spanish.
- Independently managed scheduling and student sessions.
- Tutored students on Spanish grammar, sentence structure, pronunciation and verb conjugation.
- Provided one-on-one support for a blind student each week, resulting in the student's completion of the course.

## + Academic Experience

---

- Aug 2009 – Dec 2009     **Study Abroad**  
*Lima, Peru*  
*International Studies Abroad*
  - Studied as an international student for one semester at La Universidad del Pacífico in Lima.
  - Studied Psychology, Sociology, Contemporary Thought and Spanish for Business in Spanish
  - Travelled around the country and improved use of native-sounding Spanish
  
- Aug 2008 – Nov 2008     **Study Abroad**  
*Cuernavaca, México*  
*College of St. Scholastica*
  - Studied for one semester in Mexico with a professor of the College of St. Scholastica and teachers within Mexico.
  - Worked daily in the poorest region of Cuernavaca to help improve the quality of life for the residents (see internship below)
  - Studied advanced Spanish and culture in the ICC Institute (Instituto de Idioma y Cultura en Cuernavaca)
  - Also studied indigenous spirituality, healthcare around the globe and Mexican history and culture through projects, class discussion and intensive writing

## + Internships

---

- Jun 2010 – Aug 2010     **Human Services Internship**  
*Center for American Indian Resources, Duluth, MN*  
*Grace Bennett, BSW, LSW*
  - Routinely worked with clients struggling with legal issues and destructive lifestyle choices in a variety of settings.
  - Oriented self to cultural values and history of American Indian tribes local to the area.
  - Travelled to clients' homes and met with clients at the office in both small and large groups.
  - Assisted in the evaluation of clients and the formulation of treatment plans, elaborating on steps to utilize community resources and best support clients.
  - Specialized in writing parenting plans for parents desiring guidance, drawing from related literature and emphasizing cultural background.
  
- Oct 2008 - Nov 2008     **Language and International Studies Internship**  
*La Estacion, Cuernavaca, Morelos, Mexico*  
*Gerardo Debbink*
  - Worked daily in the poorest region of Cuernavaca to help improve the quality of life for the residents.
  - Became familiar with cultural norms and language (Spanish) native to the area.
  - Helped prepare affordable and nourishing breakfasts for children in town and taught simple English.
  - Gave weekly lessons on psychological topics; Self-esteem, Community values, etc.
  - Participated in festivities and events with community members, including dances, community meetings, school events and community workshops.

## + Memberships

---

- Feb 2014 – Present      **Association for Psychological Science**
- June 2014 – Present      **American Association for the Advancement of Science**
- Aug 2010 – May 2011      **Psi-Chi Chapter President**  
*The College of St. Scholastica, Duluth, MN*  
*Karen Petersen, Ph.D.*
  - Arranged meetings and events to promote student involvement with the Department of Psychology.
  - Helped arrange volunteering events, celebrations, information sessions and officer meetings.
  - Notified student body and faculty of all events.
  - Worked within a pre-determined, school-allocated budget and requested additional funds as necessary. Worked closely with officers, Mike Cheney and Carl Broker, and advisor, Dr. Karen Petersen.