

# ANGELINA V. LEARY, MS

## CURRICULUM VITAE

### Contact Information

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### EDUCATION

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**University of Central Florida (UCF)**  
Orlando, FL  
Doctor of Philosophy (PhD) in Clinical Psychology  
*Began August 2019*  
GPA: 4.00

**University of Central Florida (UCF)**  
Orlando, FL  
Master of Science (MS) in Clinical Psychology  
*Graduated December 2021*  
GPA: 4.00  
**Thesis Title:** "I Drink (Responsibly),  
Therefore I Am": Development of the  
Personal Assessment of Responsible  
Drinking Identity (PARDI)

**University of Central Florida (UCF)**  
Orlando, FL  
Bachelor of Science in Psychology  
**Summa Cum Laude**  
Minor in Statistics  
*Graduated May 2019*  
GPA: 3.98

**Universidad San Ignacio de Loyola (USIL)**  
La Molina, Lima, Peru  
*Cross-Culture Psychology, Study Abroad*  
Summer 2017

### FELLOWSHIPS & AWARDS

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**Graduate Research Fellow (GRFP)** 2020-Present  
*National Science Foundation (NSF)*

**Undergraduate Diversity Award** 2019  
*Research Society on Alcoholism (RSA)*

**Resident Assistant of the Year- Nominated** 2018  
*University of Central Florida, Orlando, Florida*

### CURRENT RESEARCH POSITION

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**Graduate Research Assistant** *August 2019- Present*  
REALE-Time Lab (Risk, Eating, & Addiction Longitudinally Examined Through in Situ Momentary Experiences)  
Advisor: Dr. Robert Dvorak

- Research focuses: Brief interventions targeted towards behavior change, specifically alcohol use among First-Time-in-College (FTIC) students, as well as identity changes associated with these interventions

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## PUBLICATIONS

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- Dunn, M. E., Schreiner, A. M., Flori, J. N., Crisafulli, M. J., Willis, E. A., Lynch, G. T., **Leary, A. V.**, Dvorak, R. D. (*in press*) Effective Prevention Programming for Reducing Alcohol-Related Harms Experienced by First Year College Students: Evaluation of the Expectancy Challenge Alcohol Literacy Curriculum (ECALC). *Addictive Behaviors*.
- De Leon, A. N., Peterson, R., **Leary, A. V.**, Burr, E. K., Cora, J. L., & Dvorak, R. D. (*in press*). Protective Behavioral Strategies as a Protective Factor Against Suicidal Ideation Among College Student Drinkers. *Journal of American College Health*.
- Kramer, M. P., Peterson, R., Willis, E. A., **Leary, A. V.**, Magri, T., Cora, J. L., & Dvorak, R. D. (2022). Psychopathy and Protective Behavioral Strategies: PBS Mediates the Relationships between Primary and Secondary Psychopathy and Alcohol Consumption and Problems. *Psychiatry*, 1–15. <https://doi.org/10.1080/00332747.2022.2052557>
- Leary, A. V.**, Dvorak, R. D., Troop-Gordon, W., Blanton, H., Peterson, R., Kramer, M. P., De Leon, A. N., & Magri, T. (2021). Test of a Deviance Regulation Theory Intervention Among First-Year College Student Drinkers: Differential Effects via Frequency and Quantity Norms. *Psychology of Addictive Behaviors*. <https://doi.org/10.1037/adb0000777>
- Kramer, M. P., Peterson, R., **Leary, A. V.**, Wilborn, D. D., Magri, T., & Dvorak, R. D. (*in press*). Psychopathy and occurrence of gambling problems: The role of gambling protective strategies and urgency. *Psychological Reports*.
- Peterson, R., Kramer, M. P., Pinto, D., De Leon, A. N., **Leary, A. V.**, Marin, A. A., Cora, J. L. & Dvorak, R. D. (2021). A comprehensive review of measures of protective behavioural strategies (PBS) across various risk factors and associated PBS-related interventions. *Experimental and Clinical Psychopharmacology*. <https://doi.org/10.1037/pha0000498>
- De Leon, A. N., Dvorak, R. D., Kramer, M. P., Peterson, R., Pinto, D., **Leary, A. V.**, Magri, T. D. (2020). Daily patterns of emotional functioning on drinking and non-drinking days. *Alcoholism: Clinical and Experimental Research*. \* **(Article of Public Importance)**
- Magri, T. D., **Leary, A. V.**, De Leon, A. N., Flori, J. N., Crisafulli, M. J., Dunn, M. E., & Dvorak, R. D. (2020). Organization and Activation of Alcohol Expectancies Across Empirically Derived Profiles of College Student Drinkers. *Experimental and Clinical Psychopharmacology*.
- Stevenson, B. L., Dvorak, R. D., Kramer, M. P., Peterson, R. P., Dunn, M. E., **Leary, A. V.**, & Pinto, D. (2019). Within- and Between-Person Associations from Mood to Alcohol Consequences: The Mediating Role of Enhancement and Coping Drinking Motives. *Journal of Abnormal Psychology*.
- Peterson, R., Dvorak, R. D., Stevenson, B. L., Kramer, M. P., Pinto, D. A., Mora, E. T. & **Leary, A. V.** (2019). Protective behavioral strategies and alcohol-related regretted sex among college students. *Experimental and Clinical Psychopharmacology*.

Dvorak, R. D., Troop-Gordon, W., Stevenson, B. L., Kramer, M. P., Wilborn, D. D., **Leary, A. V.** (2018). A randomized control trial of a deviance regulation theory intervention to increase alcohol protective strategies. *Journal of Consulting and Clinical Psychology*.

Dvorak, R. D., Stevenson, B. L., Kilwein, T. M., Sargent, E. M., Dunn, M. E., **Leary, A. V.**, & Kramer, M. P. (2018). Tension Reduction and Affect Regulation: An Examination of Mood Indices on Drinking and Non-Drinking Days among University Student Drinkers. *Experimental and Clinical Psychopharmacology*.

**Leary, A. V.** (2015) To Beat MS, Embrace Your Inner McMurphy. *Multiple Sclerosis Focus Magazine*. <https://msfocus.org/Magazine/Magazine-Items/Posted/To-Beat-MS,-Embrace-Your-Inner-McMurphy>

#### **PUBLISHED BOOK CHAPTER**

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Dvorak, R. D., **Leary, A. V.**, Peterson, R., Kramer, M. P., Pinto, D., & Dunn, M. E. (2020). Prevention of alcohol-related harms among college students: Past issues and future directions. In B. Fiedler (Ed.), *Three Facets of Public Health and Paths to Improvements*. Oxford, UK: Elsevier Academic Press.

#### **MANUSCRIPTS UNDER REVIEW**

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**Leary, A.V.**, Dvorak, R. D., Burr, E. K., Peterson, R. S., De Leon, A. N., Maynard, M. H., & Harm Reduction Research Group. Development and Validation of the Personal Assessment of Responsible Drinking Identity (PARDI). *Manuscript under review*.

De Leon, A. N., Peterson, R., **Leary, A. V.**, Kramer, M. P., Burr, E.K., Pinto, D., & Dvorak, R. D. The Health Belief Model in the Context of Alcohol Protective Behavioral Strategies: Implications for Prevention and Intervention. *Manuscript under Review*.

Burr, E. K., Dvorak, R. D., De Leon, A. N., **Leary, A. V.**, Peterson, R., Schaefer, L. M., & Wonderlich, S. A. The impact of eating expectancies and eating motives on the trajectory of mood to loss-of-control eating: a daily diary study. *Manuscript under Review*.

**Leary, A. V.**, Dvorak, R.D., De Leon, A. N., Peterson, R., Troop-Gordon, W., & Burr, E. K. Social Distancing During the COVID-19 Pandemic: Normative Interventions and Correlates of Social Distancing. *Manuscript under review*.

#### **POSTERS AND PRESENTATIONS**

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**Leary, A. V.**, Burr, E. K., Dvorak, R.D. (April 2022). Development of the Personal Assessment of Responsible Drinking Identity (PARDI). 10th annual meeting of the Collaborative Perspectives on Addiction (CPA); Portland, Oregon.

De Leon, A. N, Peterson, R., **Leary, A. V.**, Pinto, D., Kramer, M, K., Marin, A. A., and Dvorak, R. D. (April 2022) Perceived Effectiveness of Alcohol Protective Behavioral Strategies. 10th annual meeting of the Collaborative Perspectives on Addiction (CPA); Portland, Oregon.

- Burr, E. K., Dvorak, R. D., De Leon, A. N., **Leary, A. V.**, Peterson, R., Schaefer, L. M., & Wonderlich, S. A. (June 2022). A national ten-day diary study regarding the influence of eating motives and eating expectancies on the relationship between mood and daily loss-of-control eating. Poster accepted for presentation at the virtual 2022 Annual Convention of International Conference on Eating Disorders (ICED).
- Peterson, R. & Dvorak, R. D., Burr, E. K., **Leary, A. V.**, De Leon, A. N., & Pinto, D. (April 2022). Revised alcohol protective behavioral strategies scale sub-types: Direct and indirect PBS. 10th annual meeting of the Collaborative Perspectives on Addiction (CPA); Portland, Oregon.
- De Leon, A. N., Dvorak, R. D., Peterson, R., **Leary, A. V.**, & Cora, J. L. (June 2021) Protective Behavioral Strategies as a Protective Factor Against Suicidal Ideation Among College Student Drinkers. Research Society on Alcoholism (RSA). San Antonio, TX; virtual due to COVID-19.
- Peterson, R. & Kramer, M. P., De Leon, A. N., Pinto, D., **Leary, A. V.**, Marin, A. A., Cora, J. L., Dvorak, R. D. (June 2021). Protective behavioral strategies (PBS) across various risk factors: A comprehensive review of PBS measurement and associated PBS-related interventions. Research Society on Alcoholism (RSA). San Antonio, TX; virtual due to COVID-19.
- Leary, A.V.**, Kramer, M. P., & Dvorak, R. D. (June, 2020). Use of a Deviance Regulation Theory Intervention to Increase Protective Behavioral Strategies Among Individuals with Narcissistic Personality Traits. Research Society on Alcoholism (RSA). New Orleans, Louisiana. (Conference cancelled due to COVID-19).
- De Leon, A. N., Magri, T., Kramer, M. P., Peterson, R., Pinto, D. **Leary, A. V.**, & Dvorak, R. D. (June, 2020). Daily patterns of emotional functioning on drinking and non-drinking days. Research Society on Alcoholism (RSA). New Orleans, Louisiana. (Conference cancelled due to COVID-19).
- Leary, A.V.**, Marin, A. A., Dvorak, R. D. (April, 2020). Examination of Negative Affect as a Function of a Deviance Regulation Theory Intervention. Collaborative Perspective on Addiction (CPA) 8th annual conference, San Diego, CA. (conference cancelled due to COVID-19).
- De Leon, A. N., Peterson, R., Piercey, C. J., **Leary, A. V.**, Pinto, D., Kramer, M. P., & Dvorak, R. D. (April, 2020). A test of counterfactual thinking theory on intentions to use protective behavioral strategies. Collaborative Perspective on Addiction (CPA). San Diego, CA. (Conference cancelled due to COVID-19).
- Kramer, M. P., Peterson, R., **Leary, A. V.**, Magri, T., Moskal, K., & Dvorak, R. D. (April, 2020). Psychopathy & problematic gambling: The role of gambling protective strategies and urgency. Collaborative Perspective on Addiction (CPA). San Diego, CA. (Conference cancelled due to COVID-19).
- Peterson, R., **Leary, A. V.**, De Leon, A. N., Pinto, D., Kramer, M. P., Marin, A. A., Dvorak, R. D. (2020, April). The health belief model in the context of alcohol protective behavioral strategies. Poster to be presented at the Collaborative Perspectives on Addition (CPA). San Diego, CA. (Conference canceled due to COVID-19).

- Leary, A. V., & Dvorak, R. D.** (June 2019). How Many and How Much: Examining Norm Type in a Deviance Regulation Theory Intervention for College Freshmen. Poster to be presented at the Research Society of Alcoholism 2019 Annual Meeting. Minneapolis, Minnesota.
- Leary, A. V., & Dvorak, R. D.** (March 2019). A Deviance Regulation Theory Intervention to Reduce Alcohol-Related Problems Among First-Year College Students. International Convention of the Psychological Sciences (ICPS) Annual Convention. Paris, France.
- Dvorak, R. D., Leary, A. V., Troop-Gordon, W., Stevenson, B. L., Kramer, M. P. & Wilborn, D. D.** (March 2019). A Randomized Control Trial of a Deviance Regulation Theory Intervention to Increase Alcohol Protective Strategies. International Convention of the Psychological Sciences (ICPS) Annual Convention. Paris, France.
- Leary, A. V., Hidalgo, J. E., Metke, E. E., Williams, J. L., Mouloua, M.** (August 2018). Investigation on the Relationship Between Social Perceptions of Party Drugs and Sexual Behaviors. American Psychological Association (APA) Annual Convention. San Francisco, California.
- Leary A. V., & Dvorak, R. D.** (February 2018). Testing a Deviance Regulation Theory Intervention in College Freshmen Drinkers. Florida Undergraduate Research Conference (FURC). Melbourne, Florida.
- Leary A. V.** (December 2017). The Bias Bias: An Insightful Look into Cognitive Biases and How to Overcome Them. University of Central Florida's Department of Housing and Resident Life's (DHRL) Returning Staff Conference. Orlando, Florida.

## CLINICAL EXPERIENCES

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### **Graduate Student Clinician**

*Spring 2022*

*Supervisor: Kimberly Kent, PhD*

*UCF Psychology Clinical Practicum, University of Central Florida, Orlando, FL*

- Treated community members for the treatment of anxiety, depression, borderline personality disorder, and ADHD
- Administered assessments including WAIS, PAI, RBANS, WRAT
- Treatment protocols used: Dialectical Behavioral Therapy-informed, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy

### **Graduate Student Clinician**

*Fall 2021*

*Supervisor: David Rozek, PhD*

*UCF Psychology Clinical Practicum, University of Central Florida, Orlando, FL*

- Treated community members for the treatment of anxiety, depression, borderline personality disorder, and ADHD
- Treatment protocols used: Dialectical Behavioral Therapy-informed, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy

### **Graduate Student Clinician**

*Summer 2021*

Supervisor: Vikki Gaskin-Butler, MDiv, PhD

UCF Psychology Clinical Practicum, University of Central Florida, Orlando, FL

- Treated community members for the treatment of anxiety, depression, borderline personality disorder, and ADHD
- Treatment protocols used: Dialectical Behavioral Therapy-informed, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy

### **Graduate Student Clinician**

*Spring 2021*

Supervisor: Michael Dunn, PhD

UCF Psychology Clinical Practicum, University of Central Florida, Orlando, FL

- Treated community members for the treatment of anxiety, depression, borderline personality disorder, and ADHD
- Treatment protocols used: Dialectical Behavioral Therapy-informed, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy

### **Graduate Student Clinician**

*Fall 2020*

Supervisor: Vikki Gaskin-Butler, MDiv, PhD

UCF Psychology Clinical Practicum, University of Central Florida, Orlando, FL

- Developed video clips on psychoeducation on stress and coping skills
- Treated community members with anxiety disorders using a CBT framework

## **TEACHING EXPERIENCES**

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### **Instructor of Record**

*Spring 2022*

PSY 3213C- Research Methods in Psychology

University of Central Florida, Orlando, FL

- Designed and instructed 4-credit course for undergraduates with three laboratory sections
- Managed and guided three graduate teaching assistants in their roles as laboratory instructors
- Engaged active learning by facilitating class discussions about various topics in research methods psychology
- Incorporated assignments and grading on Canvas Webcourses platform.

### **Instructor of Record**

*Fall 2021*

CLP4390-Forensic Psychology

University of Central Florida, Orlando, FL

- Independently designs and instructed 3-credit course for undergraduates
- Engaged active learning by facilitating class discussions about various topics in forensic psychology
- Incorporated assignments and grading on Canvas Webcourses platform.
- Awarded Affordability Counts medallion for affordable course materials to reinforce accessibility of education

## **INVITED PRESENTATIONS**

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**NSF GRFP Discussion***Summer 2021*Computer Vision REUInvited by Mubarak Shah, PhD, UCF Board of Trustee Chair Professor

- Engaged undergraduate students and prepare students to successfully apply for the NSF Graduate Research Fellowship Program

**Guest Speaker***Spring 2021*Graduate School PanelInvited by UCF Psi Chi

- Discussed and mentored students who were interested in attending graduate school for clinical psychology

**Guest Lecture***Spring 2021*Graduate School Seminar for Clinical Psychology CourseInvited by Jessica Ruiz, MS

- Discussed and mentored students who were interested in attending graduate school for clinical psychology

**Guest Speaker***Spring 2020*Graduate School PanelInvited by Knight's Multicultural Psychological Student Association

- Discussed and mentored historically underrepresented students who were interested in attending graduate school for clinical psychology

**Guest Lecture (PSB 3441)***Spring 2020*Psychobiological Aspect of DrugsInvited by Jessica Flori, MS

- Presented research and discussed college student alcohol use to class

**LEADERSHIP AND MENTORSHIP EXPERIENCES**

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**First-year Learning Environment and Academic Research Network (F-LEARN)***January 2022- May 2022*Graduate Mentor

- Mentored two first-time-in-college students from minority backgrounds on research, college life, and the field of psychology
- Provided 3-hour session per week per student for a 12-week apprenticeship

**Psi Docs Mentorship Program***August 2020- May 2022*Mentor

- Mentored a first-year graduate student to facilitate their success in their new graduate program at UCF.

**Undergraduate Mentorship Committee**Mentor, Founding Member*July 2020- Present*

- Formed committee of clinical psychology PhD students to mentor underrepresented minority undergraduate students as a method to fix the "leaky pipeline"

**Psi Docs**Treasurer*July 2020- July 2021*

- Psi Docs is UCF's Clinical Psychology PhD Student's Registered Student Organization. Role included obtaining funds to attend (virtual due to COVID-19) conferences, planning social activities, and advocating for student's well-being in the program

**Diversity Committee**Member*April 2018- May 2019*

- Facilitate conversations regarding diversity, equality, and equity as well as develop presentation on APA's Multicultural Guidelines

**Multiple Sclerosis Foundation (MSF)**Mentor*July 2019- October 2019*

- Mentors young adults going to college with multiple sclerosis in an online platform (Facebook) to support success to this population by encouraging becoming involved in research and clubs at their universities, acclimate to university life, and being an empathetic listener to problems that occur within this population

**Psi Chi International Honor Society in Psychology**Treasurer*April 2018- May 2019*

- Ensure membership and proper allocation of funds for the organization by overseeing over \$6000 dollars in Psi Chi account and properly distribute funds to events, membership dues, and promotional items; committed to have university chapter interact with the international organization by affirming funds for conference traveling, such as SEPA

Events Coordinator*April 2017- April 2018*

- Promote excellence the study and application of the psychological sciences at UCF by being responsible for attaining guest speakers for chapter meetings, holding weekly office hour available for discussion of the field of psychology, and developing, and executing, a plan to have members attend FURC (Florida Undergraduate Research Conference) with funds provided by UCF's Psi Chi chapter

**Access at UCF**Founding Member; Vice President*January 2016- May 2019*

- Responsible for communication among members, outreach of organization, and facilitating discussions about disabilities, accessibility, employment, and social change; increased membership 100% over the past four years with involvement in the club

**UCF Counseling and Psychological Services**Peer Educator*September 2016- August 2018*

- Reduce the social stigma of seeking mental health services through outreaching UCF students and facilitating presentations and activities

**PREVIOUS RESEARCH EXPERIENCES**

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**Laboratory Manager***May 2018- August 2019*REALE-Time Lab (Risk, Eating, & Addiction Longitudinally Examined Through in Situ Momentary Experiences)

Advisor: Dr. Robert Dvorak



- Oversee laboratory functions, supervise research assistants and increase RA engagement in the laboratory, assist in data cleaning/analysis, and collaborate on study development (such as writing IRB proposals, creating surveys on Qualtrics)
- Current studies include ecological momentary assessments in the realm of alcohol use and eating disorders, alcohol expectancies, and counter-factual thinking as an alcohol use intervention

### **Undergraduate Honor Thesis**

*August 2017- November 2018*

*A Deviance Regulation Theory Intervention to Reduce Alcohol Problems Among First-Year College Students*

*University of Central Florida, Orlando, Florida*

Thesis Chair: Robert D. Dvorak, Ph.D.

Committee: Michael E. Dunn, Ph.D.; Colin Byard, M.S.

- Successfully proposed thesis in Spring 2018; successfully defended Fall 2018
- Designed study to focus current research of Deviance Regulation Theory (DRT) as a protective behavioral strategies (PBS) intervention on a specific population, first-time-in-college (FTIC) students
- Longitudinally examined the extent of impact of intervention (for one year)
- Managed study and served as a contact liaison for participants; emailed participants weekly and every three months to complete the surveys in study
- Gathered, cleaned, and coded analyses for data in STATA-15

### **Undergraduate Research Assistant**

*August 2016- May 2018*

*REALE-Time Lab (Risk, Eating, & Addiction Longitudinally Examined Through in Situ Momentary Experiences)*

Advisor: Dr. Robert Dvorak

- Assisted participants in a 6-week study on tobacco cessation using a behavioral intervention. Ensured payment and accountability of funds; Trained in SCID-5 delivery (for Suicidal Ideation, Psychosis, and Eating Disorders)
- Attended weekly lab meetings to enhance skills and knowledge in advanced statistical methods, current research in the fields of eating disorders, substance use and abuse, and personality (Cluster B) disorders, and debriefs on current lab activities

### **Curriculum Development and Assessment Taskforce (CDAT)**

*January 2017-May 2017*

*University of Central Florida's Department of Housing and Resident Life*

- Facilitated focus groups and recorded qualitative data to develop a generalized overview of opinions towards a recent departmental implementation of a residential curriculum
- Acted as a consultant for advice and direction in the creation of a future residential curriculum to improve residents' living environment and experiences

## **PREVIOUS TEACHING ASSISTANT AND TUTORING EXPERIENCES**

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### **Spring, Summer 2021**

*Varsity Tutors*

- Tutors high school, undergraduate, and graduate students in various levels of statistics
- Courses tutored: AP Statistics, ACE Statistics, IB Psychology, Introduction to Statistics, Psychology and Statistics, Data Analysis in Sports, Essay Editing, SPSS
- Rated a 5-star tutor with glowing reviews; majority of students excel in their courses

**Summer 2020**PSY 2012: General Psychology

- Professor: Daniel Paulson, PhD
- Graded bi-weekly essay-formatted exams, assisted with exam creation, answered student's questions related to the course

CLP 3143: Abnormal Psychology

- Professor: Daniel Paulson, PhD
- Graded bi-weekly essay-formatted exams, assisted with exam creation, answered student's questions related to the course

**Spring 2020**PSY 4860: Positive Psychology

- Professor: W. Steven Saunders, Psy.D.
- Graded research projects, provided advice on writing in APA style, answered student's questions related to the course

CLP 3143: Abnormal Psychology

- Professor: Widaad Zaman, Ph.D.
- Graded weekly assignments and written midterm/final examinations. Hosted virtual weekly office hours assist students

**Fall 2019**CLP 3143: Abnormal Psychology

- Professor: W. Steven Saunders, Psy.D.
- Graded research projects, provided advice on writing in APA style, answered student's questions related to the course

PSB 3002: Physiological Psychology

- Professor: Jeffery Bedwell, Ph.D.
- Graded weekly discussion assignments, as well as answered student's questions related to the course

**Undergraduate**EXP 6939: Teaching Symposium*January 2018 - August 2018*

- Professor: Alisha Janowsky, Ph.D.
- Prepared second-year doctoral psychology students for teaching undergraduate courses by providing feedback and suggestions on classroom projects and presentations

PSY 3204C: Statistical Methods in Psychology*January 2017- December 2017*

- Professor: Alisha Janowsky, Ph.D.
- Assisted class of 360 students to help students with statistical problems, held weekly office hours to further assist students, held review sessions for quizzes and exams to prepare students (about 50 per session) for success. Ensured exams and quizzes are challenging, yet fair, by writing and self-checking exams and proctored those exams to establish academic integrity

## PREVIOUS PROFESSIONAL EXPERIENCES

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### **Inclusive Education Services (IES)**

Orlando, FL

#### ***Resource Facilitator***

*August 2018 – May 2019*

- Serves as a mentor to students with intellectual disabilities who are learning independence and job skills as non-degree seekers at University of Central Florida
- Works to facilitate student success in academics, as well as campus involvement by providing students with resources offered through the university
- Provided students with interpersonal, social, and career guidance and goal setting through weekly one-on-ones, tutoring sessions, and events

### **UCF's Department of Housing & Residence Life**

Orlando, FL

#### ***Resident Assistant***

*May 2016 - May 2018*

- Encouraged personal development of over 100 first time in college (FTIC) residents in a hall by facilitating discussions and programs about self-awareness, community engagement, cultural competency, and global impact, while serving as a role model through monthly one-on-one meetings and hall events
- Promote a safe and comfortable living environment, enforce institutional policies, and maintain safety as essential personal during response to emergency and crisis situations, ensuring holistic well-being of over 1000 residents in the community

### **Global UCF**

Orlando, Florida

#### ***Peer Mentor***

*January 2016- May 2016; One Semester Commitment*

- Assisted in LDR 2001 (Introduction to Leadership) class as an aid to the professor
- Planned and administered classroom activities, warm-ups, and discussions; hosted review sessions for examinations, also help international students build social and professional networks in the US.

## SCHOLARSHIPS

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**Wells Fargo People with Disabilities Scholarship Recipient**

*2018-2019*

**Elaine Chapin Fund Scholarship Recipient**

*2015-2016; 2018-2019*

**WAEPA (Worldwide Assurance for Employees of Public Agencies) Scholarship Recipient**

*2016-2019*

**Florida Bright Futures- Medallion Recipient**

*2015- 2019*

**National Multiple Sclerosis Society Scholarship Recipient**

*2015 - 2019*

**Mary Hitt Memorial Award**

*2016*

**Salute to Education Scholarship Recipient- World Languages**

*2015*

**Town of Davie Mayor's Scholarship**

*2015*

**TRAVEL GRANTS**

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<b>2019 Psi Chi Travel Grant</b>	2019
<b>2019 International Convention of Psychological Science Travel Grant</b>	2018
<b>UCF Conference Registration and Travel Grant</b>	2018

**PROFESSIONAL AFFILIATIONS**

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<b>Notary Association of America, Member</b>	2022-Present
<b>Sigma Xi: The Scientific Research Honor Society, Associate Member</b>	2020-Present
<b>APA Division 50 Society of Addiction Psychology, Student Affiliate</b>	2020-Present
<b>Research Society on Alcoholism, Student Affiliate</b>	2019- Present
<b>Association for Psychological Sciences, Student Affiliate</b>	2016- Present
<b>American Psychological Association, Student Affiliate</b>	2015- Present

**CERTIFICATIONS AND TRAININGS**

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<b>Cognitive Behavioral Therapy Skills Training, David Rozek, PhD</b>	Spring 2022
<b>Dialectical Behavioral Therapy Level II Training,</b> <i>Presented by Dr. Laura Meyers, Jackie Wright, &amp; Ren Stinson</i>	Spring 2022
<b>Dialectical Behavioral Therapy Introductory Training,</b> <i>Presented by Dr. Laura Meyers, Jackie Wright, &amp; Ren Stinson</i>	Spring 2022
<b>Crisis Management Training, David Rozek, PhD</b>	Spring 2022
<b>PH125.1x: Data Science: R Basics, HarvardX</b>	Spring 2020
<b>Creating Mobile Apps with HTML5, University of Central Florida-Continuing Education</b>	Spring 2019

**STATISTICAL PROGRAM KNOWLEDGE****CODING LANGUAGE KNOWLEDGE**

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<b>SPSS</b>	<b>R</b>	<b>SAS</b>	<b>HTML-5</b>	<b>Python</b>
<b>STATA</b>	<b>Excel</b>			

## **LANGUAGE PROFICIENCIES**

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**English**

**日本語 (Japanese)**

**Español (Spanish)**