

Nadia E. Rodriguez

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Education

Doctor of Philosophy in Clinical Psychology
University of Central Florida

August 2025-Present
Orlando, FL

Bachelor of Science in Psychology (Clinical Track)
University of Central Florida

May 2022
Orlando, FL

Publications

Rodriguez, N. E., Dvorak, R. D., Kwan, M., Taliaferro, L., & Muehlenkamp, J. (under review). Past Year Suicide Ideation and Attempts Across Racial and Gender Categories

De Leon, A. N., Vasquez Collao, I.P., **Rodriguez, N. E.**, Almeyda, S. N., Ramos, A., & Dvorak, R. D. (under review). The Role of Discrimination and Alcohol Use Behaviors on Alcohol Pathology among Hispanic/Latinx Gender Minorities

Allen, Q., Murdock, S., Alava, A., **Rodriguez, N. E.**, Paitan, S., Burr, E. K., & Dvorak, R. D. (under review). A Daily-Diary Investigation Into Eating Dysfunction, Food Addiction, and Loss of Control Eating in College Students

Hayden, E. R., Burr, E. K., Maynard, M. H., Leary, A. V., Magri, T., **Rodriguez, N. E.**, Meshesha, L., & Dvorak, R. (under review). Using Dynamic Structural Equation Modeling to Examine Momentary Fluctuations in Mood, Impulsivity, and Craving Prior to Drinking

Burr, E. K., Meshesha, L., Dvorak, R. D., Allen, Q., Magri, T., Wang, C. L., Hayden, E. R., **Rodriguez, N. E.**, Leary, A. V., Maynard, M. H. (in press). Using Behavioral Economics to Understand Reinforcement Mechanisms of Loss-of-Control Eating: An Ecological Momentary Assessment Approach

Pasarica, M., Plochocki J. H., Dvorak, R. D., & **Rodriguez, N. E.**** (2025). Using Artificial Intelligence for Identifying Quality Improvement Interventions in Clinical Medical Clerkships: AI for QI. Medical Science Educator.

Research Experience

Lab Manager

Risk, Eating and Addiction Longitudinally Examined Through
In Situ Momentary Experiences Lab (REALE-TIME LAB)

May 2024-Present
Orlando, FL

Advisor: Robert Dvorak, Ph.D.

University of Central Florida

- Examined risk and protective factors associated with suicide risk and protection over time among Black SGM youth with intersectional identities for an NIH study
 - Assisted in creating a comprehensive codebook
 - Managed a team of several coders for qualitative data coding in NVivo 14
 - Conducted suicide risk assessments for participants when needed
 - Performed survey validation for dozens of participants
- Lead on project that is examining past year suicide attempts and suicide ideation among ~82,000 racial and gender minority adolescents
 - Served as first author on publication
 - Conducted a multinomial logit model using Stata to analyze data

- Assisted on a ‘Paper in a Day’ project investigating the prospective association between negative affect and craving and likelihood of future loss of control eating through behavioral reward indices
 - Conducted literature review on the association between negative affect and craving
 - Assisted with the writing and submission of the completed manuscript
- Coordinated all studies and managed research assistants accordingly
- Assisted on publications on a variety of topics including substance use, disordered eating, and suicidal thoughts and behaviors

Research Assistant

March 2022-May 2024

Risk, Eating, and Addiction Longitudinally Examined Through
In Situ Momentary Experiences Lab (REALE-TIME LAB)

Orlando, FL

Advisor: Robert Dvorak, Ph.D.

University of Central Florida

- Investigated the association between parenting styles and self-injurious and suicidal behaviors in adolescents
 - Communicated the directions, risks, concerns, and purpose of study through meeting with several parent-child dyads prior to examination
 - Maintained communication with participants across the study to ensure compliance and accurate data collection
- Examined the daily association between mood and sociocultural factors assessed in real time and evening alcohol use and problems
 - Collaborated with graduate students on orientations with dozens of participants
 - Maintained contact with study participants throughout duration of the study
 - Assisted in the recruitment process for participants through contacting university students and scheduling them accordingly
- Investigated how protective behavioral strategies are linked to alcohol use and problems using Deviance Regulation Theory
 - Communicated the directions, risks, concerns, and purpose of study to dozens of subjects by meeting with students prior to examination
 - Created and organized participant files
 - Regularly tracked participant compliance through Excel using Qualtrics data

Research Assistant

August 2021-May 2024

Applied Cognition and Aging Lab (ACAL)

Orlando, FL

Advisor: Mark Neider, Ph.D.

University of Central Florida

- Created a study investigating the relationship between distractor suppression and executive function
 - Formulated the study concept and pulled the existing literature accordingly
 - Selected relevant executive function tests to create a battery of tasks for the experiment
 - Submitted institutional review (IRB) forms
 - Supervised participants during the computer task experiment

- Conducted seven separate experiments investigating various factors that contribute to the inhibition of distractors at a categorical level
 - Operated SR Research Eyelink 1000 and 1000+ for research study
 - Screened participants by administering vision tests including Snellen Eye-Chart exam and Ishihara Color Blind Test
 - Supervised dozens of participants each semester during computer task experiment and demographic form
- Investigated the effects of domain expertise on distractor inhibition
 - Generated and verified stimuli on GNU image manipulation program (GIMP) for research experiment
- Collaborated with graduate students and undergraduate researchers to successfully run experiments

Independent Research Study

August 2019-December 2019

Advisor: Pamela Baker, MFA

Orlando, FL

University of Central Florida

- Conducted an independent research study: The Effects of Writing as a Therapy
- Examined the relationship between cathartic writing activities and overall mental well-being and academic performance
- Results indicated a connection between utilizing writing activities and increased mental well-being, as well as possible positive effects on academic performance
- Performed interviews with three participants and constructed individual case studies regarding mental health, stress relief, and academic performance
- Submitted to Knights Write, an event recognizing excellence in undergraduate academic writing and research
- One of six projects selected for panel presentation at the Knights Write Showcase 2020
- Delivered an eight-minute presentation and engaged in a Q&A about my study

Clinical Experience

Head of Operations

April 2023-Present

Lyon Counseling

Orlando, FL

Supervisor: Jesse Lyon, LMHC

- Shadowed therapy sessions led by supervisor
- Performed intake interviews with 100+ clients at a private practice
- Collected all relevant information to match clients with therapists
- Managed intake paperwork and assessments for all new clients
- Managed all scheduling for several therapists

TrevorChat Crisis Counselor

July 2022-Present

The Trevor Project

United States

- Completed crisis training following Trevor's Support Model
- Served as an online crisis counselor for LGBTQ+ suicidal adolescents
- Engaged in discussions with 100+ youths about various topics such as mental illness, suicide, self-harm, and identity
- Engaged with supervisors and on-call clinicians to contact emergency services

Peer Counselor

October 2021-April 2022

Pathlight Home

Orlando, FL

- Worked directly with counselors to provide necessities for the homeless population
- Provided employment, housing, and mental health care resources for homelessness
- Provided emotional support for clients in need
- Assisted in resume building and job applications for clients

Volunteer

May 2020-December 2021

The Center Orlando

Orlando, FL

- Assisted in providing resources for the LGBTQ community
- Provided support over the phone and in-person regarding suicidal thoughts, addiction, and personal struggles
- Helped patrons in obtaining free mental healthcare
- Directed patrons to a variety of support groups, including LGBTQ Men's Support, Narcotics and Alcoholics Anonymous, and Youth Alliance
- Directed patrons to free HIV and STI testing

Teaching Experience**Undergraduate Teaching Assistant**

August 2022-December 2022

Professor: Martha Hubertz, Ph.D.

Orlando, FL

Sexual Behavior SOP 2772

- Supervised dozens of students during the semester
- Monitored student discussion groups to ensure assignment completion and appropriate discussion
- Communicated with dozens of students via email to answer questions and troubleshoot issues with assignments and group work

Social Psychology SOP 3004

June 2022-August 2022

- Created class-wide updates and announcements for students
- Worked with professor to ensure efficiency and success in student groups
- Contacted students regularly regarding course content, academic requirements, and campus wide events

General Psychology PSY 2012

January 2022-May 2022

- Assisted dozens of students in studying general concepts of psychology
- Connected with students on a weekly basis to communicate first year opportunities, academic requirements, and deadlines
- Helped dozens of students personally in finding undergraduate experience and research opportunities

Research Methods in Psychology PSY 3213C

August 2021-December 2021

- Elaborated on a wide range of topics including conducting research, constructing a research study, and collecting data
- Displayed proficiency in research procedures and passed with an A grade
- Tutored students in APA formatting in building research papers
- Assisted professor in assessing student research, surveys, and literature reviews

Undergraduate Teaching Assistant

Professor: Widaad Zaman, Ph.D.

Abnormal Psychology CLP 3413

June 2021-August 2021

Orlando, FL

- Tutored dozens of students on complex topics including psychological disorders, diagnosis, and clinical models
- Graded both assignments and written exams, providing in-depth feedback to students
- Communicated with students regularly regarding course schedule, content, and deadlines

Extracurriculars

Tri Alpha First Generation National Honor Society

Member

March 2022-Present

Orlando, FL

Knights Multicultural Psychological Student Association

Member

September 2021-May 2022

Orlando, FL

Active Minds UCF

Member

September 2021-May 2022

Orlando, FL

Skills & Certifications

40 Hour Crisis Counselor Certification

Question, Persuade, Refer Certification

Proficient in Stata

Honors and Awards

Excellence in Action Award – Multicultural Academic & Support Services Office

Awarded for academic excellence as a multicultural first-generation college student

Spring 2022

Orlando, FL

Knights Write Showcase Panel Presenter

Selected to present independent study: The Effects of Writing as a Therapy

Spring 2020

Orlando, FL

Dean's List

Awarded in recognition of undergraduate students who earn a minimum of 3.4 GPA at a minimum of twelve credit hours

Fall 2018, 2019, 2020 | Spring 2020

Orlando, FL

President's Honor Roll

Awarded in recognition of undergraduate students who maintain a 4.0 GPA and complete twelve or more credit hours

Spring 2019 | Fall 2021

Orlando, FL

