Robert D. Dvorak, Ph.D.
Contact Information:
Department of Psychology
The University of Central Florida
Orlando, FL 32816
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EMPLOYMENT

Professor of Clinical Psychology (Tenured) – 8/2016 to Present
Director, REALE-TIME LAB
Co-Director UCF Substance Use Research Group (SURG)
Department of Psychology
College of Science
Professor of Medicine – 08/2023 to Present
Department of Clinical Sciences
College of Medicine
The University of Central Florida

Practicing Psychologist – 2/1/2018 to Present
Live Oak Behavioral Health, P.A.
1355 S. International Pkwy, Ste. 2471
Lake Mary, FL 32746

Adjunct Research Scientist – 2/1/2018 to Present
Sanford Research
Fargo, ND 58103

Behavioral Science Officer – 2/2019 to Present
United States Army Reserve
Miami, FL

EDUCATION

Doctor of Philosophy, Clinical Psychology: August 2012
The University of South Dakota, Vermillion, SD 57069
Dissertation Title: Sustained attention and attention shifting as moderators of stress response dampening. Defended May 2011
Major Advisor/Research Mentor: Jeffrey S. Simons, Ph.D.
Clinical Psychology Resident (Adult Track), July 2011-June 2012
Department of Psychiatry, Alpert Medical School, Brown University
Brown University Clinical Psychology Training Consortium, Providence, RI 02912
Research Preceptor: Chad Gwaltney, Ph.D.
Master of Arts, Clinical Psychology: May 2008
The University of South Dakota, Vermillion, SD 57069
Thesis Title: Effects of individual differences in self-control depletion in the strength model of self-regulation. Defended February 2008
Major Advisor/ Research Mentor: Jeffrey S. Simons, Ph.D.
Bachelor of Arts, Sociology, *In Honoribus*: August 2001
Northern State University, Aberdeen, SD 57401
Honors Project: Second Chance Regrets, a novel

AWARDS & DISTINCTIONS

2024……..UCF Doctoral Student Mentorship Award
2023……..UCF Teaching Incentive Award
2021……..UCF Research Incentive Award
2018……..UCF Department of Housing and Residence Life Distinguished Faculty Member
2016……...Rising Star Award
Association for Psychological Science (APS) – The second largest association for professional psychologists in the world
"The Rising Star designation recognizes outstanding psychological scientists in the earliest stages of their research career post-PhD whose innovative work has already advanced the field and signals great potential for their continued contributions."
2012……...Research Excellence Award
Alpert Medical School, Brown University, Clinical Residency
2007 & 2008…….Young Investigator Award
National Institute of Drug Abuse/National Institute of Alcohol Abuse & Alcoholism

PROFESSIONAL ACTIVITIES & SERVICES

Research Society on Marijuana (RSMj)
I was the **Vice President of the Research Society on Marijuana** and one of three founding members of the society. This is the only research society exclusively dedicated to the examination of marijuana use and outcomes among human populations.

Editorial Experience
Psychology of Addictive Behaviors- *Associate Editor (current)*
Cannabis – *Founding Editor (former), Editorial Board Member*
Experimental and Clinical Psychopharmacology – *Editorial Board Member (current)*

Grant Review Committees
Interventions to Prevent and Treat Addictions (IPTA), *ad hoc*, 2018 – 2020
ZRG1 F16-L (20), *ad hoc,* 2019 – present

Professional Affiliation
Board Member & Exam Coordinator, ABPP in Behavioral & Cognitive Psychology – 2020 – present
Association for Behavioral and Cognitive Therapy – 2010 – Present
Research Society on Marijuana – 2016 – present
Research Society on Alcoholism – 2010 – Present
Association for Psychological Science – 2006 – Present
American Psychological Association – 2006 – Present

TEACHING

My Teaching philosophy is outlined in my other materials. However, I would like to highlight my teaching methodology here briefly, followed by a description of the courses I teach and the tools and methods I use in those courses.

Teaching Methodology
I have always been a "tech minded" professor. I believe the application of technology facilitates learning. In Public Health, there is often the belief that the best practice is to meet people "where they are." As I prepare for future generations of students, I feel that I owe it to them to provide them an education "where

they are." Research shows that this approach facilitates engagement, increases self-efficacy over the material, and reduces anxiety/stress related to academics. Thus, I have tried to stay with the times by incorporating things like brief pre-class videos that cover important content of the lesson. I stream and record every class I teach (I was doing this before we knew what COVID was) and upload those streams to be watched later to (a) assist with homework, (b) aid in studying for exams/quizzes, (c) allow for a low stress attendance environment in times of uncertainty. Further, I do online study session streams before exams that allow students to come back with questions from quizzes/study guides that they may not have the opportunity to ask during exam preparation.

Course Instruction at UCF

1. Advanced Research Methods & Statistics II

*This is an advanced graduate course in linear models. The course focuses on data preparation, basic assumptions of linear models, data visualization, linear multiple regression, mediation, and moderation. The course is run using a **flipped** classroom modality. Students view lectures ahead of time that cover the content for the day. The lectures are uploaded to a course YouTube page. When students come to class, we briefly recap the lecture. We then go into application mode. Students are provided with actual data that is designed to facilitate learning of the specific lesson(s) of the day. The students and I work through proposed hypotheses, discussing each step in the analytic process. We use SPSS and/or Stata to analyze the data and interpret the results. Often, we take breaks from pure analytics to work out the statistics by hand (using excel). We then move back to the analysis package to see how the equations we worked out by hand translates to statistical output. This course also exposes students to a host of data visualization techniques. At the end of each class period, students are provided with a dataset and a question to answer using that data as their homework for the week. The video from that class is also uploaded to YouTube so that students can refer back to the lesson as they work through the homework. The class culminates in a final project that uses data from their respective lab/mentor to address a specific hypothesis and test it using the techniques they've learned in class. Many of the students go on to publish these findings in scientific outlets.*

2. Advanced Research Methods & Statistics III

This is an advanced graduate course in multivariate statistics (the final statistics course in the graduate sequence). This course builds off the foundational knowledge gained in ARM II. The class uses the same basic approach as ARM II. Students watch pre-recorded lectures on YouTube that address the readings for that day. They then come to class for the application portion of the lesson. As with ARM II, students complete weekly homework that they turn in as an APA style Results section. They also complete a final project that is frequently submitted for publication. While ARM II exposes students to the basics of the general linear model, ARM III extends that foundation to address latent variable modeling (factor analysis, latent class/profiles, and structural equation modeling) and advanced longitudinal modeling (latent growth curve, multilevel modeling, and multilevel structural equation modeling). This class has become so popular that faculty both within and outside the department often sit in to learn these advanced techniques. Basically, it's the class I wanted as a graduate student, but couldn't get.

3. Abnormal Psychology

This is one of my favorite courses. I taught this course at NDSU prior to coming to UCF and was thrilled to have the opportunity to teach it again in the Spring of 2022. As I had not taught this course since the release of our most recent diagnostic manual, this was a complete revamp. This gave me the opportunity to design a course that focuses on mental illness and the stigma tied to mental illness. In the class I work in examples of stigma while also providing context to what exactly it's like to live with debilitating mental illness. For example, when we discuss anxiety disorders, I give everyone a "pop quiz" that I tell them will be worth 10% of their next exam. We then discuss the anxiety that comes from that sort of news, the relief

that comes when you find out that I wasn't being serious, and how difficult it must be to live with that sort of anxiety every day, knowing there is no real relief in sight. In addition, designing a new prep in the times of COVID has allowed me to tailor my class in ways that will increase accessibility even once COVID is behind us. I provide slides, notes, videos, and practice quizzes for each section. I conduct all classes both in-person and on zoom and upload each class to webcourses so students who cannot attend are still able to participate.

4. Introduction to Psychology - Honors

This is an introductory course in history and different schools of psychology taught at the undergraduate level. Most of the students in the class are not psychology majors, however, I have gotten several undergraduate RAs from this course. I try to make this course as interactive as possible. In the section on conditioning, I bring lemonade powder to class, and set my phone to chime every 6 minutes. At the chime, students will place a small amount of the powder on their tongue, and then the lecture continues. At the end of the course, following the final chime, and tell everyone to sit still. We wait, and slowly, as their mouths start to salivate, the students realize they have just taken part in a Pavlovian experiment. In my evals, I've had students report that they switched majors after taking this course. I'll also add that there are challenges in teaching courses to groups of high achievers. These students have pushed me to think about psychological science in ways that no other students have. I feel extremely grateful to have the opportunity to interact with such bright, young, minds.

5. Introduction to Clinical Psychology & Therapy I

These are a graduate course sequences that introduces new clinical psychology students to the practice of professional psychology. The first course addresses clinical competencies for PhD level psychologists. Students learn how to conduct intake interviews and the basic non-specific factors (effective listening, empathy, etc.) of psychotherapy. The second course delves into the role of PhD level clinical psychologists as clinical researchers. I teach the research process by breaking down each section of an NIH grant application. Students then mirror those sections each week, culminating in an NIH Fellowship application by the end of the course.

6. Psychobiological Aspects of Drugs

This is an undergraduate course that covers basic theories of drug and alcohol use and abuse. This course represents a full-court-press on drug classes, actions, processes, and treatment. This is my area of clinical and research expertise, and I LOVE teaching it. The discussions in this course are really what college should be about. As a faculty member, I'm able to engage students in discussions of drug actions and provide detailed examples from my work to highlight the various issues we're talking about. For example, when discussing the link between psychosis and cannabis, we talk about the research, as well my experience on an inpatient ward where I worked with an Ivy League student in the midst of a psychotic break following heavy cannabis use. This often leads to ethical issues surrounding the legalization of cannabis and the potential societal consequences of easily accessible cannabis. The knowledge gained in this class builds the sort of memories that stand the test of time.

Mentorship

Mentoring budding scientists is easily the most rewarding aspect of teaching (indeed, the most rewarding aspect of my job period). I see graduate students, and even senior undergrads, in our lab as junior colleagues who I will interact with for the rest of our careers. Two of my three doctoral students have matched to the most prestigious residency training program (Brown University) in the country. Below is a list of current and former Doctoral Students.

Graduate Students

1. Brittany Stevenson, PhD (Thesis & Dissertation Chair) – Research Psychologist Minneapolis VA
   *21 publications, submitted NIH F31 (unfunded)
2. Matthew Kramer, MS (Thesis & Dissertation Chair) – Postdoc Sanford Health
   *15 publications, submitted NIH F31 (unfunded)
3. Roselyn Peterson, MS (Thesis & Dissertation Chair) – Postdoc Brown University
   *29 publications, submitted NIH F31 (unfunded)
4. Angelina Leary (Thesis Chair) – Anticipated graduation 8/2026
   *18 publications, submitted NSF GRFP (**funded**)
5. Ardhys DeLeon (Thesis Chair) – Anticipated graduation 8/2025
   *15 publications, McKnight Fellow, submitted NSF GRFP
6. Samantha Klaver (Dissertation Chair) – Anticipated graduation 8/2025
   *5 publications (transferred into lab in August 2022)
7. Emily Burr (Thesis Chair) – Anticipated graduation 8/2026
   *21 publications, submitted NSF GRFP and NIH F31 (**funded**)
8. Madison Maynard (Thesis Co-Chair) – Anticipated graduation 8/2027
   *4 Publications
9. Emma Hayden (Thesis Chair) – Anticipated graduation 8/2028
   *3 Publications

Honors in the Major Students

1. Angelina Leary
2. Dakota Sanchez
3. Skyler Hoover
4. Katie Moskal
5. Luke Salamone
6. Robyn Memphis
7. Isabelle Howe
8. Dalaia Hernandez
9. Kassidy Ekdahl
10. Catherine Forsyth
11. Mariana Ortega

CLINICAL

Licensure

Florida Licensed Psychologist (License Number PY9901): 7/1/2017 - Present
North Dakota Licensed Psychologist (License Number: 491): 1/1/2014-12/30/2017

Certification

Board Certified by the American Board of Professional Psychology in Behavioral & Cognitive Psychology (Certification Number: 8380)
6/19/2017-Present

Areas of Clinical Expertise

- My primary areas of clinical interest involve interventions targeting addiction and substance related disorders, insomnia, suicide, and emotional disorders (anxiety/depression)
- I have expertise in the treatment of substance abuse and addiction using Motivational Interviewing & Motivational Enhancement Therapy

- My theoretical orientation conforms to the Beck Cognitive-behavioral Therapy framework. Within this framework, I have particular strengths in (a) the use of exposure techniques for the treatment of anxiety, (b) cognitive reappraisal/reconceptualization for emotion regulation, and (c) behavioral interventions for insomnia
- My clinical work integrates Motivational Interviewing, Cognitive-behavioral Therapy, and Relapse Prevention via the new Unified Protocol for Emotional Disorders

RESEARCH

Areas of Scientific Expertise

Content Areas:
Addiction
Cognitive, Behavioral, & Emotional Self-regulation
Deviance Regulation Theory
Counter-factual Thinking Theory
Alcohol Protective Behavioral Strategies
Dual-process Models of Self-control
Implicit Processes

Methodological Areas:
Ecological Momentary Assessment (i.e., Daily assessment via smartphones)
Ecological Momentary Intervention (i.e., Smart Phone Interventions)
Technology-based Interventions
Nested Statistical Models (i.e., multi-level modeling)
Latent Analysis (e.g., SEM, latent growth, latent class)
Count, Categorical, and Limited Dependent variable outcomes
Excess zero outcomes analysis (e.g., skewed logit, hurdle, and zero inflated models)

Grants & Contracts

Mentored
K23AA028269-01 (National Institute of Alcohol Abuse and Alcoholism)
2020 – 2025
Project Title: Mobile Health Intervention to Increase Substance-Free Activities During Alcohol Treatment
Role: Mentor (PI: Meshesha); Total Funding: $966,597

1F31MH135713-01A1 (National Institute of Mental Health)
03/2024-08/2026
Project Title: Applying Harm Reduction to Binge Eating Disorder: An Investigation of Protective Behavioral Strategies Against Uncontrolled Eating
Role: Sponsor (PI: Burr); Total Funding: $94,410

Ongoing
R01 MH134051-01 (National Institute of Minority Health & Health Disparities)
08/03/2023 – 08/02/2028
Project Title: A Strengths-Based, Intersectional Approach to Suicide Prevention Among Black Sexual and Gender Minority Youth
Role: Co-Investigator (MPIs: Schrimshaw & Taliaferro); Direct costs: $3,764,549

Consortium for Medical Marijuana Clinical Outcomes Research
07/01/2022 – 12/31/2023
Project Title: Event-Level Changes in Psychiatric and Physical Symptoms Following Medicinal Cannabis Use in Older Adults
Role: PI; Total Funding: $75,000

1 R15 AA028909-01 (National Institute of Alcohol Abuse and Alcoholism)
07/01/2020 – 06/30/2023
Project Title: Immediate and Long-term Efficacy of the Expectancy Challenge Alcohol Literacy Curriculum on Reducing Adverse Alcohol Outcomes.
Role: Co-Investigator; Total Funding: $401,572

1 R01 MD015896-01 (National Institute of Minority Health & Health Disparities)
09/23/2020 – 09/22/2025
Project Title: Social connections preventing suicide ideation during developmental transitions among young sexual minority women.
Role: Co-Investigator (MPIs: Schrimshaw & Taliaferro); Total Funding: $2,479,820

Interdisciplinary Research Award, Office of Research Seed Funding Program, University of Central Florida Alcohol Use and Impacts on Sexual Violence and Sexual Risk Behavior: Identification of Mechanisms and Development of Intervention Strategies
1/11/2021 – 1/10/2022
Role: Co- Investigator: Total Funding: $45,284

1R01MH132786 (National Institute of Mental Health)
(03/2023-12/2027)
Project Title: Dynamic Neural Computations Underlying Cognitive Control in Bulimia Nervosa.
Role: Consultant. (PI: Berner, L.)

John Templeton Foundation
08/16/2023 – 09/15/2025
Project Title: The Nature, Expressions, and Functions of Divine Forgiveness in Theistic Relational Spirituality
Role: Consultant (PI: Currier, J.)

R01 AA030065 (National Institute of Alcohol Abuse and Alcoholism)
05/01/2023 - 02/29/2028
Cyclical Deficits in Emotion Regulation as a risk factor for alcohol misuse in premenopausal females
Role: Consultant (PI: Pang, R.)

<u>Completed</u>
1 R15 AA026420-01A1 (National Institute of Alcohol Abuse and Alcoholism)
09/05/2020 – 09/04/2024
Project Title: An Adaptive Mobile Intervention to Increase Safe Drinking Strategies Using Deviance Regulation Theory.
Role: Principal Investigator; Total Funding: $410,402

NIH LRP-CR (National Institute of Alcohol Abuse and Alcoholism)
08/01/20 – 08/31/22

Project Title: An Adaptive Mobile Intervention to Increase Safe Drinking Strategies
Role: Principal Investigator; Total Funding: $29,129
1 R15 HD089044-01A1 (National Institute of Child Health and Development)
07/01/2017 – 06/30/2020
Project Title: Using Deviance Regulation Theory to Combat Bullying.
Role: Co-Investigator; (PI: Troop-Gordon); Total Funding: $435,000; UCF subcontract: $38,797

CAP/VA/DoD Consortium Research Grant (Department of Defense)
10/01/15 – 09/30/19
Project Title: CAP-A Behavioral Economic Analysis of PTSD Using EMA
Role: Consultant, (PIs: Murphy; McDevitt-Murphy); Total Funding: $735,608.00

1 R21 DA035761-01 (National Institute of Drug Abuse)
05/15/2014 – 05/14/2017
Project Title: Response Inhibition Training in Smoking Cessation.
Role: Primary Investigator; Total Funding: $395,150.00; UCF costs $120,853.00

NIH LRP-CR (National Institute of Drug Abuse)
09/01/12 – 08/31/16
Project Title: Response Inhibition to Smoking Stimuli
Role: Principal Investigator; Total Funding: $149,100.00

SB-300186 (American Lung Association)
08/01/2014 – 07/30/2017
Project Title: Neuropsychological Indices of Response Inhibition Training
Agency: American Lung Association
Role: Primary Investigator; Total Funding: $80,000.00; UCF costs $24,350.00

PCAOD Pilot Project Grant (President's Council on Alcohol and other Drugs)
09/01/15 – 08/31/16
Project Title: An Ecological Test of the "What's Your Buzz" App
Role: Principal Investigator; Total Funding: $5,000.00

Sanford Health - North Dakota State University Collaborative Research Seed Grant
08/01/15 – 07/30/16
Project Title: Temporal Dynamics of Sleep and Energy Consumption and Expenditures
Role: Co-Investigator, (PI: Irish); Total Funding: $77,636.00
Research Excellence Award (Brown University)
10/14/11 – 05/30/12

Project Title: Response Inhibition and Smoking Behavior
This feasibility project examined a response inhibition training regimen, administered using palm pilots, on smoking and smoking related behavioral outcomes.
Role: Principal Investigator (Mentor: Chad Gwaltney, PhD); Total Funding: $3,750.00

1 F31 AA018242-02 (National Institute in Alcohol Abuse and Alcoholism)
08/03/09 – 08/02/11
Project Title: The Role of Cognitive Abilities in Stress Induced Drinking.
Role: Primary Investigator (Mentor: Jeffrey S. Simons, PhD); Total Funding: $61,004.00

Invited Book Chapters

1. Peterson, R., *De Leon, A. N.***, Smallman, R., Fields, S. A., & **Dvorak, R. D. (**2024). Counterfactual thinking and health behavior change interventions. In P. Liamputtong (Ed.), Handbook of health behavior, health promotion, and illness prevention. Springer.

2. **Dvorak, R. D.**, *Leary, A. V.**, Peterson, R.**, Kramer, M. P.**, Pinto, D.***, & Dunn, M. E. (2020). Prevention of alcohol-related harms among college students: Past issues and future directions. pgs. 61-94. In B. Fiedler (Ed.), *Three Facets of Public Health and Paths to Improvements*. Oxford, UK: Elsevier Academic Press.

Computer Software

1. **Dvorak, R.D.,** Finch, M., Allen, Q., Toth, E., Burr, E.K., & DeLeon, A.N. (2023). iNSIGHT: Investigation using Naturalistic Sampling for Individual and Group Health Tracking. [Computer Software]. https://www.realetimeinsight.com

2. **Dvorak, R.D.,** Finch, M., & Stevenson, B.L. (2018). Mobile Assessment Tool (MAT). [Computer Software].

Published Manuscripts (peer-reviewed)
Italics indicate student co-authors
*** indicate students working under my supervision*

Since Coming to UCF in Fall 2016

1. Schlauch, R. C., **Dvorak, R. D.,** Walsh, B. E., De Leon, A. N., & Davis, J. A. (2026). Does treatment status matter? An examination of daily approach and avoidance inclinations predicting drinking in individuals diagnosed with Alcohol Use Disorder. *Drug and Alcohol Dependence.*

2. *Maynard, M.**,* Paulson, D., **Dvorak, R. D.**, Dunn, M. E., *Burr, E. K.**, Allen, Q.**, Churchill, E.** G., & McClure, N. V.* (2026). Somatic Motives and Affective Motives are Differentially Associated with Cannabis Protective Behavioral Strategies and Adverse Cannabis Outcomes Among Adults Aged 55 and Older. *Psychiatry: Interpersonal & Biological Processes.*

3. Helmy, M., *Rodriguez, N. E.**, Maynard, M.**,* **Dvorak, R. D.,** Paulson, D., *Leary, A. V.**,* Kramer, M. P., & Stevenson, B. L. (2026). An Application of Deviance Regulation Theory on Indices of Cannabis Involvement in a Sample of Egyptian Young Adults. *Journal of Drug Education.*

4. Peterson, R., *Paitan, S.* C., Belitsos, O. A., Maynard, J. C., Merrill, J. E., & **Dvorak, R. D.** (2026). Are dating and sexual Protective Behavioral Strategies (PBS) associated with alcohol related consequences at all levels of alcohol use? *Experimental and Clinical Psychopharmacology.*

5. Dora, J, Kuczynski, A. M., McCabe, C. J., Creswell, K. G., **Dvorak, R. D.**, Howard, A. L., Patrick, M. E., Shoda, Y, Smith, G. T., Wright, A. G. C, and King, K. M. (2025). Testing the robustness of daily associations of affect with alcohol and cannabis use. *Journal of Psychopathology & Clinical Science.*

6. *Burr, E. K.***, Schaefer, L. M., **Dvorak, R. D.,** & Wonderlich, S. A. (2025). Integrating maintaining theories for addiction and binge-eating pathology: A review of affective and reward based theories. *Clinical Psychology Review.*

7. Flori, J. N., Dunn, M. E., Crisafulli, M. J., **Dvorak, R. D.,** Zajac, K., & Hall, T. V. (2025). Measurement considerations for alcohol consequences measurement issues: Differentiating negative events from alcohol-related consequences and comparing frequency of occurrence. *Substance Use & Misuse.*

8. Taliaferro, L. A., Muehlenkamp, J. J., Price, M. N., Eden, T. M., Cook, S., Moore, K., **Dvorak, R. D.**, & Schrimshaw, E. W. (2025). Integrating a strengths-based intersectional approach to the study of suicide risk among Black lesbian, gay, bisexual, transgender, queer, and questioning youth. *Mental Health Science*.

9. *Magri, T. D.**, De Leon, A. N.**, Klaver, S. J.**, Hayden, E.**, Burr, E. K.**, Bilagi, N.**, Nguyen, M.**, Wang, C. L.**, Marohnic, S. D.**,* Dunn, M. E., Meshesha, L. Z., & **Dvorak, R. D.** (2025). Thinking When I'm Drinking: The Interaction of Mood and Rumination Across Drinking and Non-Drinking Days. *Journal of Affective Disorders*.

10. Newins, A. R., Michel, P., **Dvorak, R. D.,** & Rozek, D. C. (2025). The role of self-blame in the association between social reactions to sexual assault disclosure and posttraumatic stress symptoms. *Journal of Interpersonal Violence.*

11. Hayden, E. R.**, **Dvorak, R. D.,** Bamonte, A., Cai, X., Downing, M. J., Benoit, E., & Schrimshaw, E. W. (2025). PrEP Initiation and Alcohol-Related Sexual Risk Among Young MSM. *Health Psychology.*

12. Currier, J. M., Davis, E. B., McDermott, R. C., *Kim, E., Pencakowski, D., Kemp, D*., *Brock, B*., & **Dvorak, R. D.** (2025). Divine forgiveness may build psychospiritual resources following moral transgressions: An ecological momentary assessment study of U.S. Christian adults. *Journal of Positive Psychology.*

13. Smallman, R., Arthur, K., De Leon, A. N.**, Gresham, P., Fields, S., & **Dvorak, R. D.** (2025). A Randomized Controlled Trial of Counterfactual and Personalized Normative Feedback Interventions to Increase Safe Drinking Strategies. *Substance Use & Misuse.*

14. Woerner, J., Cooper, R., Papp, L. J., Neilson, E. C., Davis, C., **Dvorak, R. D.,** & Dunn, M. E. (2025). Within- and Between-Person Fluctuations in Men's Sex-Related Alcohol Expectancies and Perceptions of Sexual Interest in a Hypothetical Sexual Scenario. *Applied Cognitive Psychology.*

15. Pasarica, M., Plochocki, J. H., **Dvorak, R. D.,** & Rodriguez, N. E.** (2025). Using Artificial Intelligence for identifying quality improvement interventions in clinical medical clerkships: AI for QI. *Medical Science Educator.*

16. Maynard, M.**, **Dvorak, R. D.**, Paulson, D., Burr, E. K.**, Allen, Q.**, Lighthall, N. R., & Lysandrou, A. E. (2025). Daily Impact of Medical Cannabis on Anxiety and Sleep Quality in Older Adults. *Psychiatry: Interpersonal and Biological Processes.*

17. Ma, H. & **Dvorak, R. D**. (2025). Moderating Effects of Social Norms on Message Frame in Vaping Prevention: An Application from Deviance Regulation Theory. *Substance Use and Misuse.*

18. Burr, E. K.**, Meshesha, L.Z., **Dvorak, R. D.,** Allen, Q.**, Magri, T., Wang, C. L., Hayden, E. R.**, Rodriguez, N. E.**, Leary, A. V.**, Maynard, M.**, Wonderlich, S. A., Forester, G., & Schaefer, L. M., (2025). Using behavioral economics to understand reinforcement mechanisms of loss-of-control eating: An ecological momentary assessment approach. *Journal of Psychopathology and Clinical Science.*

19. Arthur, K.M., De Leon, A.N.**, **Dvorak, R.D.** Fields, S.A. Gresham, P. & Smallman, R. (2025). If only I could drink like everyone else: Effects of counterfactual thinking and personalized normative feedback on perceived behavioral control over drinking. *Psychiatry: Interpersonal and Biological Processes.*

20. Taliaferro, L. A., Muehlenkamp, J. J., Wrubluski, D., Reeves, K., Job, S., **Dvorak, R. D.**, & Schrimshaw., E. W. (2024). "I have some people who actually really care:" Young sexual minority women's lived experiences of non-suicidal self-injury disclosure. *Qualitative Research in Medicine and Healthcare.*

21. Forester, G., Schaefer, L. M., Johnson, J. S., Richson, B. N., **Dvorak, R. D.,** Crosby, R. D., Peterson, C. B., & Wonderlich, S. A. (2024). Evaluating the Role of Binge Planning and Binge Inevitability within Affect Regulation Models of Binge Eating. *Appetite.*

22. *Proctor, M.,* Cassisi, J. E., **Dvorak, R. D.**, Decker, V., & Becker, S. (2024). Breast Cancer Survivors' Perceptions of Mastectomy Reconstruction: A Comparative Analysis of Medical Tattooing Impact on Aesthetics. *Aesthetic Plastic Surgery.*

23. Burr, E. K.**, **Dvorak, R. D.,** De Leon, A. N.**, Klaver, S. J.**, Peterson, R., Hayden, E. R.**, Maynard, M. H.**, Almeyda, S.**, & Medina, A.** (2024). Understanding loss of control eating through the lens of expectancies and reinforcement sensitization. *Psychiatry: Interpersonal and Biological Processes.*

24. Zaso, M. J., Fetkenhour, L. M., Park, Y., Simpson, T. L., Colder C. R., **Dvorak, R. D.**, & Read, J. P. (2024). Identifying in-the-moment reasons for PTSD-related drinking: A qualitative investigation. *Traumatology.*

25. *Proctor, M.,* Cassisi, J. E., **Dvorak, R. D.**, Decker, V. (2024). Medical tattooing as a complementary cosmetic intervention to reduce body-image distress and mental health symptoms in U.S. breast cancer survivors. *Supportive Care in Cancer.*

26. *Magri, T. D.,* **Dvorak, R. D.,** Aston, E. R., Meshesha, L. Z. (2024). The role of alcohol expectancies in the association between behavioral economic alcohol demand, relative reinforcement, and alcohol problems. *Journal of Drug Education: Substance Use Research and Prevention*.

27. Peterson, R., **Dvorak, R. D.**, *De Leon, A. N.**, Leary, A. V.**, Burr, E. K.**,* Meshesha, L.Z., Woerner, J., and Kaukinen,C. (2024). Development and Validation of the Sexual and Negative Dating Inventory (SANDI): A Measure of Dating and Sexual Protective Behaviors**.** *Journal of Child Sexual Abuse.*

28. *Leary, A. V.**,* **Dvorak, R. D.,** *Burr, E. K.**, De Leon, A. N.**, Klaver, S. J.**, Lynch, G.**, Toth, E.**, Diaz, M. J.**, & Martin, S.*** (2024). Effects of a Brief Safe Drinking Intervention on Depressive and Anxiety Symptomatology: Examining Potential Side Effects of Deviance Regulation Theory Interventions. Journal of Drug Education: Substance Use Research and Prevention.

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125. Lamis, D. A. & **Dvorak, R. D.** (2013). Mindfulness, Nonattachment, and Suicide Rumination in College Students: The Mediating Role of Depressive Symptoms. *Mindfulness*.

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131. Garcia, D., Skillman, G. D., & **Dvorak, R. D.** (2012). A Comparison of Spirituality, Healthy Lifestyle, and Environmental Consciousness Based on the Use of Complementary and Alternative Medicine. *Advances in Mind-Body Medicine, 26*, 8-12.

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144. **Dvorak, R. D.** (2006). The price of social perception: Effects of positive and negative feedback in public and private spheres. *SDSU Journal of Undergraduate Research, 4*, 37-46.

Selected Published Abstracts

1. De Leon, A. N., **Dvorak, R. D.,** Peterson, R., Leary, A. N., & Cora, J. L. Protective Behavioral Strategies as a Protective Factor Against Suicidal Ideation Among College Student Drinkers. (2021). Poster Abstract. *Alcoholism: Clinical and Experimental Research, 45(S1), 80-262.*

2. De Leon, A. N., Magri, T., Kramer, M. P., Peterson, R., Pinto, D., Leary, A. V., & **Dvorak, R., D.** Daily patterns of emotional functioning on drinking and non-drinking days. (2020). Poster Abstract. *Alcoholism: Clinical and Experimental Research, 44(S1), 8A-182A.*

3. Kuvaas, N. J., **Dvorak, R. D.**, Pearson, M. R., & Williams, T. J. (2013). Impulsivity, Mood Instability, & Coping Motives: Associations with Abuse & Dependence Symptoms. *Alcoholism: Clinical and Experimental Research, 37*(s1), 30A.

4. Wray, T. B., Simons, J. S. **Dvorak, R. D.**, & Gaher, R. (2012). A Model of Trait-Based Affective Processes in Alcohol-Involved Risk Behaviors Among College Students. *Alcoholism: Clinical and Experimental Research, 36*(s1), 142A.

5. **Dvorak, R. D.** & Simons, J. S. (2011). Individual differences in attention and gender moderate the association between anxiety and alcohol. *Alcoholism: Clinical and Experimental Research, 35*(s1), 158A.

6. **Dvorak, R. D.**, Simons, J. S., Batien, B. D., & Wray, T. B. (2010). Moderation of event-level associations between affect, intoxication, and acute dependence symptoms by urgency, self-control, and drinking experience. *Alcoholism: Clinical and Experimental Research, 34*(s2), 166A.

7. **Dvorak, R. D.**, Simons, J. S., & Wray, T. B. (2010). Alcohol use and problem severity: A dual process perspective. *Alcoholism: Clinical and Experimental Research, 34*(s2), 110A.

Selected Presentations

1. De Leon, A. N, Peterson, R., Leary, A. V., Pinto, D., Kramer, M, K., Marin, A. A., & **Dvorak, R. D.** (April 2022) Perceived Effectiveness of Alcohol Protective Behavioral Strategies. 10th annual meeting of the Collaborative Perspectives on Addiction (CPA); Portland, Oregon.

2. Burr, E. K., **Dvorak, R. D.,** De Leon, A. N., Leary, A. V., Peterson, R., Schaefer, L. M., & Wonderlich, S. A. (June 2022). *A national ten-day diary study regarding the influence of eating motives and eating expectancies on the relationship between mood and daily loss-of-control eating.* Poster accepted for presentation at the virtual 2022 Annual Convention of International Conference on Eating Disorders (ICED).

3. Peterson, R. & **Dvorak, R. D.,** Burr, E. K., Leary, A. V., De Leon, A. N., & Pinto, D. (April 2022). Revised alcohol protective behavioral strategies scale sub-types: Direct and indirect PBS. 10th annual meeting of the Collaborative Perspectives on Addiction (CPA); Portland, Oregon.

4. De Leon, A. N., **Dvorak, R. D.,** Peterson, R., Leary, A. N., & Cora, J. L. (June 2021) Protective Behavioral Strategies as a Protective Factor Against Suicidal Ideation Among College Student Drinkers. Research Society on Alcoholism (RSA). San Antonio, TX; virtual due to COVID-19.

5. Peterson, R. & Kramer, M. P., De Leon, A. N., Pinto, D., Leary, A. V., Marin, A. A., Cora, J. L., **Dvorak, R. D.** (June 2021). Protective behavioral strategies (PBS) across various risk factors: A comprehensive review of PBS measurement and associated PBS-related interventions. Research Society on Alcoholism (RSA). San Antonio, TX; virtual due to COVID-19.

6. De Leon, A. N., Magri, T., Kramer, M. P., Peterson, R., Pinto, D., Leary, A. V., & **Dvorak, R., D.** (June 2020). Daily patterns of emotional functioning on drinking and non-drinking days. Research Society on Alcoholism (RSA). New Orleans, Louisiana. *(Virtual Conference).*

7. De Leon, A. N., Peterson, R., Piercey, C. J., Leary, A. V., Pinto, D., Kramer, M. P., & **Dvorak, R. D.** (April 2020). A test of counterfactual thinking theory on intentions to use protective behavioral strategies. Collaborative Perspective on Addiction (CPA). San Diego, CA. *(Virtual Conference).*

8. Peterson, R., Leary, A. V., De Leon, A. N., Pinto, D., Kramer, M. P., Marin, A. A., **Dvorak, R. D.** (April 2020). The health belief model in the context of alcohol protective behavioral strategies. Poster to be presented at the Collaborative Perspectives on Addition (CPA) 8th annual conference, San Diego, CA. *(Virtual Conference).*

9. Leary, A. V., **Dvorak, R. D.,** Troop-Gordon, W., Stevenson, B. L., Kramer, M. P. & Wilborn, D. D. (March, 2019). A Randomized Control Trial of a Deviance Regulation Theory Intervention to Increase Alcohol Protective Strategies. Poster to be presented at the 2018 International Convention of the Psychological Sciences (ICPS) Annual Convention in Paris, France**.**

10. Leary, A. V., & **Dvorak, R. D.** (March, 2019). A Deviance Regulation Theory Intervention to Reduce Alcohol-Related Problems Among First-Year College Students. Poster to be presented at the 2018 International Convention of the Psychological Sciences (ICPS) Annual Convention in Paris, France**.**

11. Stevenson, B. L., Kramer, M. P., Wilborn, D., & **Dvorak, R. D.** (2019, March). Should I stay or should I go? Approach/avoidance conflict and emotional functioning. Presentation at the meeting of the International Convention for Psychological Science (ICPS), Paris, France.

12. Kramer, M.P., Stevenson, B.L., & **Dvorak, R.D.** Poster Presentation (March, 2017). Primary psychopathy and alcohol pathology in college students: The role of protective behavioral strategies. International Conference of Psychological Science (ICPS). Vienna, Austria.

13. Stevenson, B. L., & **Dvorak, R. D.** (2018, April). Real time changes in emotion regulation and loss of control eating. Presentation at the meeting of the International Conference for Eating Disorders (ICED), Chicago, IL.

14. Sargent, E.M., Kilwein, T.M., **Dvorak, R.D.,** Looby, A., Kramer, M.P., & Stevenson, B.L. Poster Presentation (November, 2017). Deviance regulation theory and drinking outcomes among Greek-life students during Spring Break. Association for Behavioral and Cognitive Therapies (ABCT). San Diego, CA.

15. Stevenson, B. L., Kramer, M. K., Kilwein, T. M., Sargent, E. M., & **Dvorak, R. D.** (2017, March). Development of a DRT intervention to reduce alcohol-related problems among college women during spring break. Presentation at the meeting of the International Convention of Psychological Science (ICPS), Vienna, Austria.

16. Stevenson, B.L., **Dvorak, R. D.,** & Kramer, M. P. (2016, March). Emotions before and after loss of control eating. Presentation at the meeting of the Eating Disorders International Conference (EDIC), London, U.K.

17. **Dvorak, R. D.** (September, 2016). Development of a web-based deviance regulation intervention to increase protective behavioral strategies during spring break. Talk presented at the International Network of Brief Interventions for Alcohol, Lausanne, Switzerland.

18. **Dvorak, R. D.,** Pearson, M. R., Neighbors, C., Martens, M. M. (March, 2015). Fitting In and Standing Out: Increasing the Use of Alcohol Protective Behavioral Strategies with a Deviance Regulation Intervention. Poster presented at the International Convention of Psychological Science, Amsterdam, Netherlands.

19. Kuvaas, N. J., Stevenson, B. L., Goodpaster, A., & **Dvorak, R. D.** (March, 2015). Associations between Emotion Regulation Difficulties and Alcohol-Related Problems via Emotional Functioning and Use: Common and Unique Paths among Men and Women. Poster presented at the International Convention of Psychological Science, Amsterdam, Netherlands.

20. Stevenson, B. L., Kuvaas, N. J., & **Dvorak, R. D.** (March, 2015). Comparing Eating Disorder Symptoms in College and Community Men and Women. Poster presented at the International Convention of Psychological Science, Amsterdam, Netherlands.

21. Kuvaas, N. J., Williams, T. J., Stevenson, B. L., & **Dvorak, R. D.** (August, 2014). Automatic Psychological Processes Moderate the Association between Daytime Negative Mood and Nighttime Alcohol Use. Poster session presented at American Psychological Association Conference, Washington, D.C.

22. Beidel, D.C., Arens, A.M., Neer, S.M., **Dvorak, R.D.,** Frueh, B.C. (August, 2014). Virtual-Reality Exposure Therapy for Combat-Related PTSD: Perceived Contraindications and Iatrogenic Effect Trajectories. Presented at the Military Health System Research Symposium. Fort Lauderdale, FL.

23. Stevenson, B. L., Williams, T. J., Kuvaas, N. J. & **Dvorak, R. D.** (June, 2014). Cognitive control moderates the association between emotional instability and alcohol-related consequences. Poster presented at the annual convention of the Association for Psychological Science, San Francisco, CA.

24. Williams, T. J. & **Dvorak, R. D.** (June, 2014). Mindless Motivation: A New Alcohol Motive Indexing Dependence Syndrome. Poster presented at the annual convention for the Association for Psychological Science in San Francisco, CA.

25. **Dvorak, R. D.,** Emerson, J. A., & Gwaltney, C. J. (March, 2013). Response Inhibition Training Modifies Relapse Related Outcomes. Poster presented at the annual convention of the Society for Research on Nicotine and Tobacco, Boston, MA.

26. Kuvaas, N. J., **Dvorak, R. D.,** Pearson, M. R. (August, 2013). The Five-Factor Model of Impulsivity and Emotional Lability in Aggressive Behavior. Poster accepted for presentation at the annual convention of the American Psychological Association, Honolulu, HI.

27. Batien, B. D., Simons, J. S., **Dvorak, R. D.** (August, 2013). Alcohol-cued Implicit Approach/Avoidance Tendencies for Smoking. Poster accepted for presentation at the annual convention of the American Psychological Association, Honolulu, HI.

28. Kuvaas, N. J., **Dvorak, R. D.,** Pearson, M. R., Sargent, E. M. (August, 2013). Differences in Emotional Functioning across Drinking Classes. Poster accepted for presentation at the annual convention of the American Psychological Association, Honolulu, HI.

29. Lamis, D. A. & **Dvorak, R. D.** (April, 2013). Mindfulness and Nonattachment as Predictors of Suicide Rumination in College Students: The Mediating Role of Depressive Symptoms. Paper accepted for presentation at the annual convention of the American Association of Suicidology.

30. Wray, T. B., Simons, J. S. **Dvorak, R. D.**, & Gaher, R. (June, 2012). A Model of Trait-Based Affective Processes in Alcohol-Involved Risk Behaviors Among College Students. Poster presented at the annual convention of the Research Society on Alcoholism, San Francisco, CA.

31. **Dvorak, R.D.**, Gwaltney, C. J., & Waters, A. J. (March, 2012). Affect States Moderate the Association between Implicit Smoking Attitudes and Craving. Poster presented at the annual convention of the Society for Research on Nicotine and Tobacco, Houston, TX.

32. **Dvorak, R.D.** & Simons, J. S. (June, 2011). Individual differences in attention and gender moderate the association between anxiety and alcohol. Poster presented at the annual convention of the Research Society on Alcoholism, Atlanta, GA.

33. Wray, T. B., Simons, J. S., & **Dvorak, R. D.** (November, 2010). Sensitivity to punishment and reward and alcohol-related infractions among college students. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

34. **Dvorak, R. D.**, Simons, J. S., & Wray, T. B. (August, 2010). Impulsivity moderates the association between depressive rumination and smoking relapses. Poster presented at the annual convention of the American Psychological Association, San Diego, CA.

35. **Dvorak, R. D.**, Simons, J. S., & Wray, T. B. (July, 2010). Alcohol use and problem severity: A dual process perspective. Poster presented at the annual convention of the Research Society of Alcoholism, San Antonio, TX.

36. **Dvorak, R. D.**, Simons, J. S., Batien, B .D., & Wray, T. B. (July, 2010). Moderation of event level associations between affect, intoxication, and acute dependence symptoms by urgency, self-control, and drinking experience. Poster presented at the annual convention of the Research Society of Alcoholism, San Antonio, TX.

37. **Dvorak, R. D.**, Simons, J. S., & Wray, T. B. (May, 2010). Sensation seeking moderates the effects of poor control on risk behavior by attenuating the strength of emotional reactions to risk. Poster presented at the annual convention of the Association for Psychological Science, Boston, MA.

38. Garcia, D., Skillman, G. D., & **Dvorak, R. D.** (May, 2010). A Comparison of Spirituality, Healthy Lifestyle, and Environmental Consciousness Based on the Use of Complementary and Alternative Medicine. Poster presented at the annual convention of the Association for Psychological Science, Boston, MA.

39. Wray, T. B. & **Dvorak, R. D.** (May, 2010). Assessing the feasibility of the post-doctoral year requirement for professional licensure as a Psychologist in South Dakota. Paper presented at the annual conference of the South Dakota Psychological Association.

40. Wang, X. T. & **Dvorak, R. D.** (November, 2009). Dynamics of future discounting and fluctuating blood glucose. Paper presented at the annual convention of the Psychonomic Society, Boston, MA.

41. **Dvorak, R. D.**, Simons, J. S., & Lau-Barraco, C. (August, 2009). Behavioral inhibition and activation systems: Differences in substance use expectancy organization and activation in memory. Poster presented at the annual convention of the American Psychological Association, Toronto, ON.

42. Del Gaizo, A. L., **Dvorak, R. D.**, Engdahl, R. M., & Eliason, C. (August, 2009). Body mass index and tobacco use: Associations with smoking level and physical inactivity. Poster presented at the annual convention of the American Psychological Association, Toronto, ON.

43. Wang, X. T. & **Dvorak, R. D.** (May, 2009). Physiology of foraging choice: Blood glucose and future discounting. Paper presented at the annual convention of the Human Behavior and Evolution Society, Fullerton, CA.

44. **Dvorak, R. D.** (September, 2008). Examining the multilevel model's error covariance structure. Presentation in the Seminar in Applied Longitudinal Data Analysis. Vermillion, SD.

45. **Dvorak, R. D.,** Bailey, L. A, & Kline, A. A (October, 2008). A Gentle introduction to multilevel modeling. USD Brown bag on Research Series, Vermillion, SD.

46. **Dvorak, R. D.** (September, 2008). Examining change through multi-level modeling. Presentation in the Seminar in Applied Longitudinal Data Analysis. Vermillion, SD.

47. **Dvorak, R. D.,** Batien, B., & Simons, J. S. (August, 2008). Methamphetamine use among rural young adults. Poster presented at the annual convention of The American Psychological Association, Boston, MA.

48. **Dvorak, R. D.** & Simons, J. S. (August, 2008). Biopsychological and physiological factors in the self-control strength model. Poster presented at the annual convention of The American Psychological Association, Boston, MA.

49. **Dvorak, R. D.** & Engdahl, R. M. (April, 2008). New techniques in testing mediated effects. USD Brown bag on Research Series, Vermillion, SD.

50. **Dvorak, R. D.** (November, 2007). Understanding mean structures and latent growth curve analysis. Presentation in the Seminar in Structural Equation Modeling. Vermillion, SD.

51. **Dvorak, R. D.** & Engdahl, R. M. (November, 2007). Structural equation modeling in the literature: Understanding what you're reading and reporting your results. USD Brown bag on Research Series, Vermillion, SD.

52. **Dvorak, R. D.** (September, 2007). Advanced methods in path analysis. Presentation in the Seminar in Structural Equation Modeling. Vermillion, SD.

53. **Dvorak, R. D. &** Simons, J. S. (August, 2007). Affective differences among daily tobacco users, occasional users, and non-users. Poster presented at the annual convention of The American Psychological Association, San Francisco, CA.

54. Harsin, A., **Dvorak, R. D.**, Elliot, R., Faircloth, T., Kilen, A., Kinnaman, B., & Phelps, B. (April, 2006). Repeated measures and stimulus generalization effects in the rubber hand illusion. Poster Presented at the annual Red River Psychology Conference. Fargo, ND.

55. **Dvorak, R. D.** (April, 2006). The effects of social perception in socially acceptable and unacceptable choice making behavior. Poster Presented at the annual Red River Psychology Conference. Fargo, ND

56. **Dvorak, R. D.** (April, 2006). The price of social perception: Effects of positive and negative feedback in public and private spheres. Poster Presented at the SDSU Undergraduate Research, Science, and Creativity Day. Brookings, SD.

Professional References

* Supplied upon request