

Jordyn Learner, MA

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Education

- **University of Central Florida**, Starting August 2025
Doctor of Philosophy: Clinical Psychology
 - Faculty mentor: Rob Smith-Dvorak, PhD., ABPP
- **University of Denver**, 2022
Master of Arts: Sport & Performance Psychology
 - Faculty advisor: Jamie Shapiro, PhD, CMPC
 - Relevant coursework: Counseling methods & practices, Clinical issues: Interviewing & diagnosis, Foundation of counseling theories, Ethical & legal issues
 - Master's project: A Consultant's Growth Through Mindfulness Practice
- **The George Washington University**, 2020
Bachelor of Science: Exercise Science with Psychology minor
 - Faculty advisor & mentor: Amanda J. Visek, PhD, CMPC, FAASP
 - Relevant coursework: Psychology (abnormal, cognitive, developmental, social, biological), Weight and society, Introduction to public health, Exercise & health psychology
 - Senior research capstone: The NOT FUN MAPS: Identifying barriers to youth athletes' fun in sport

Academic Honors

- **Dean's List**, The George Washington University
Fall Semester 2018, Spring Semester 2019, Fall Semester 2019, Spring Semester 2020
- **Outstanding Senior Capstone Award**, The George Washington University, Milken Institute School of Public Health, Department of Exercise & Nutrition Science
Spring Semester 2020

Professional Associations/Services

- **Academy for Eating Disorders**
January 2023-Present
Member
- **Junior Manuscript Reviewer**, *Journal for Advancing Sport Psychology in Research*

Learner CV 2

February 2021-June 2023

- Completed four manuscript reviews and made recommendations for manuscript authors to best suit publication at JASPR

- **APA Division 47 Society for Sport, Exercise, & Performance Psychology**

May 2019-June 2022

Student Member

- **The National Society of Leadership and Success**

January 2019-January 2021

Student Member

Manuscripts

- Voelker, D. K., Visek, A. V., Fairhurst, K. E., & **Learner, J. L.** (2024). Conforming to reforming: A systems understanding of aesthetic sport coaches' behaviors and practices toward female athletes' bodies. *Body Image, 51*, 1-15. <https://doi.org/10.1016/j.bodyim.2024.101784>
- Visek, A. J., Ivarsson, A., **Learner, J.**, & Putt, G. (2022). To have fun: What it means and its significance in sport. In M. Toms & R. Jeans (Eds.), *Routledge Handbook of Coaching Children in Sport*. <https://www.taylorfrancis.com/chapters/edit/10.4324/9781003199359-7/fun-means-significance-sport-amanda-visek-andreas-ivarsson-gary-putt-jordyn-learner>
- Voelker, D. K., Visek, A. J., **Learner, J. L.**, & Dibiasio, M. (2021). Toward understanding the role of coaches in athletes' eating pathology: A systematic review and ecological application to advance research. *Psychology of Sport and Exercise, 58*, 1-18. <https://doi.org/10.1016/j.psychsport.2021.102059>
- **Learner, J. L.**, Foley, M., Cass, K., Koustavlis, A., Sitko, S., Blalock, D., Gibson, D., & Mehler, P. (under review). Metabolic needs of older patients with anorexia nervosa. *International Journal of Eating Disorders*
- Cass, K., **Learner, J. L.**, Manwaring, J., Lundberg, C., Steinglass, J., Walsh, B. T., Attia, E., Blalock, D., & Mehler, P. (under review). Habit strength and food restriction in extreme anorexia nervosa. *International Journal of Eating Disorders*
- Gibson, D., Garber, A., Gorrell, S., Downey, A., **Learner, J.**, & Mehler, P. (in preparation). A retrospective investigation of body composition and refeeding outcomes in hospitalized patients with malnutrition secondary to eating disorders.
- Gibson, D., Sterrett, K., Leach, K., Puckett, L., Khatri, V., Westmoreland, P., **Learner, J.**, Nemani, S., Stein, S., & Mehler, P. (in preparation). An update on lab abnormalities in anorexia nervosa.
- Manwaring, J., Gibson, D., **Learner, J. L.**, Foster, M., Blalock, D., & Mehler, P. (in preparation). Prevalence of disorders of gut brain interaction in adults with extreme eating disorders.

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- Visek, A. J., & **Learner, J. L.** (in preparation). The NOT FUN MAPS: Identifying barriers to youth athletes' fun in sport.

Professional Presentations

- Voelker, D., Visek, A., Fairhurst, K., & **Learner, J.** (under review). *Conforming to reforming: A systems understanding of aesthetic sport coaches' behaviors and practices toward female athletes' bodies* [Paper Presentation]. Association for Applied Sport Psychology Conference 2025, Montréal, Canada.
- Garber, A., Gorrell, S., Bennett, J. P., Downey, A. E., Foster, M. J., Heymsfield, S. B., **Learner, J.**, Mehler, P., Shepherd, J. A., & Gibson, D. G. (April, 2025). *Depleted organ-residual mass, nutritional status and hospital outcomes in extreme anorexia nervosa* [Paper Presentation]. Pediatric Academic Societies 2025, Honolulu, Hawaii.
- Moody, S., Roe, C., Norling, H. N., Maloul, E. K., **Learner, J.**, Brownstone, L. M., & Greene, A. K. (June, 2023). *Visions of recovery: A cross-diagnostic analysis of pro-recovery TikTok* [Paper Presentation]. International Conference of Eating Disorders, Washington, D.C.
- Kelly, D. A., Wright, O., Cool, J., Gomez Horta, A., **Learner, J.**, Harrop, E., & Brownstone, L. M. (March, 2023). *We Deserve Space: Large-bodied women and nonbinary participants reflect on a group addressing internalized weight stigma* [Paper Presentation]. Association for Women in Psychology Conference, Atlanta, GA.
- Voelker, D. K., Visek, A. J., **Learner, J. L.** (July, 2022). *Toward understanding the role of coaches in athletes' eating pathology: A systematic review and ecological application to advance research* [Paper Presentation]. 16th European Congress of Sport & Exercise Psychology Conference, Padova, Italy.
- Visek, A. J., Ivarsson, A., Mannix, H., Lind, J., Altéus, C., Berktañ, O., Werner, A., Borg, E. Enoksson, M., Stenling, A., & **Learner, J.** (October, 2020). *Toward the development of Sweden's own FUN MAPS: A cross-cultural application to inform youth sport programming*. Association for Applied Sport Psychology Conference, Orlando, FL.
- Dibiasio, M., **Learner, J.**, Visek, A. J., & Voelker, D. K. (April 8, 2020). *Coach influence on eating pathology in athletes: A systematic review*. GW Public Health Research Day, Washington, D.C.

Research Experience

- **Senior Support Research Assistant**, ACUTE Center for Eating Disorders & Severe Malnutrition
Supervisor: Dennis Gibson, MD
June 2023- June 2025, Denver, Colorado
 - Manage protocol development, IRB submissions, and grant proposals for research projects related to psychological and medical consequences of extreme eating disorders
 - Collect data through face-to-face assessments with current patients at ACUTE and healthy controls at Denver Health

Learner CV 4

- Assist with database management, conducting literature reviews, and writing and editing manuscripts for publication
- **Research Assistant**, EDCare Denver
Supervisor: Brooke Lamphere, PhD
February 2023- September 2023, Denver, Colorado
 - Completed data collection (pre and post-admission data), data entry, data analysis
 - Coded a variety of questionnaires (e.g., EDI, FOFM, DERS, TCI, Beck's Depression Inventory) for meaning and significance
 - Collaborated in groups and discussed a variety of topics related to eating disorders, treatment outcomes, and potential pathways for research projects
- **Research Assistant**, Bodies Eating and Emotions (BEE) Lab at The University of Denver
Supervisor: Lisa Brownstone, PhD
April 2022- July 2023, Denver, Colorado
 - Conducted literature reviews on topics related to eating disorders, weight stigma, and social media and was involved in writing and editing manuscripts for publication
 - Coded research data and transcribed interviews for accuracy and clarity
 - Reviewed manuscript drafts to ensure correct APA 7th edition formatting
- **Research Assistant**, The George Washington University, Milken Institute School of Public Health, Department of Exercise & Nutrition Sciences
Supervisor: Amanda J. Visek, PhD, CMPC, FAASP
May 2019-June 2023, Washington, D.C.
 - Assisted in a variety of sponsored research projects related to sport psychology and eating pathology in athletes
 - Conducted literature reviews and co-wrote and edited manuscripts for publication
 - Involved in data collection, data entry, data analysis

Grants Pending

- **Project title: 3- Dimensional optical scanning to assess and monitor malnutrition in Eating Disorders (3D-ED) Study**
Sponsor: National Institutes of Health, R01
Role: Research Assistant
Aims: to use 3-dimensional optical imaging at hospital bedside to assess and monitor body composition during refeeding in patients across the spectrum of malnutrition secondary to atypical anorexia nervosa (AN), AN and extreme AN
Submitted: 10/05/2024
Project period: 07/01/2025-06/30/2030
Funding requested: \$3,554,121 total, \$523,618/direct YR1

Clinical Experience

Learner CV 5

- **Behavioral Health Technician**, ACUTE Center for Eating Disorders and Severe Malnutrition
August 2024- June 2025, Denver, Colorado
 - Provide direct patient care and ensure a safe, open, and therapeutic environment
 - Assist with admission, discharge, transfer, and appropriate documentation for patients
 - Promote and encourage positive interpersonal relationships with other employees, physicians, patients, and visitors
 - Assess and interpret a patient's status while in treatment while taking into account their growth, development, and cultural background
- **Milieu Therapist**, EDCare Denver, PHP and IOP eating disorder treatment center
August 2022-September 2023, Denver, Colorado
 - Demonstrated knowledge and practice of effective counseling skills
 - Facilitated meal therapy with patients that promoted eating behaviors in line with one's eating disorder recovery journey and goals
 - Contributed clinical information and observations about patients in weekly staffing
 - Facilitated cognitive behavioral therapy for eating disorders (CBT-E) group, mindfulness meditation group, and co-facilitated athlete mental skills group weekly
 - Engaged with patients, while also setting boundaries and actively monitoring individual and group behavior
 - Created unique therapeutic interventions that encouraged authenticity, openness, and honesty
- **Crisis Text Counselor**, Crisis Text Line
September 2021-September 2022, New York City, New York
 - Answered texts and interacted with people in crisis situations, talked through present difficulties, and collaborated with texters to solve problems
 - Used motivational interviewing skills to provide crisis management
 - Engaged in mandatory reporting depending on individual and assessed suicide risk
- **Sport Psychology Consultant**, Hyland Hills Hockey U15, U16, & U18 and CO Rapids Youth Soccer Club
06B ECNL
Fall Quarter 2020-Spring Quarter 2021, Fall Quarter 2021-Spring Quarter 2022, Denver Metropolitan Area
 - Provided athlete-centered, customized sessions on mental skills topics relevant to elite hockey and soccer players
 - Facilitated mindfulness interventions to increase present-moment focus, energy management, and attentional regulation
 - Integrated research-based counseling methods into sessions to account for age, gender, multicultural considerations, and ethics
 - Provided emotional support for athletes
 - Collaborated with coaches, organization's leadership, and supervisors to create and/or alter plans to consider interpersonal and contextual factors that may influence the team and athletes as a whole

Specialized Training

CITI Certifications

- Biomedical Investigators Certification & Social and Behavioral Research
- GCP for Clinical Trials with Investigational Drugs and Medical Devices (U.S. FDA Focus) Certification
- CITI Health Information Privacy and Security (HIPS) for Clinical Investigators Certification

- **Queer & Ally (Q&A)**
 - Level 1 and Level 2 Training

- **Group Concept Mapping (GCM) Course**
 - Introduction to the community-based participant research mixed methodology

Teaching Experience

- **Teaching Assistant**, *The Psychology of Injury and Rehabilitation* (EXNS 3123W) and *Exercise and Nutrition Science Research Methods* (EXSC 3111W); The George Washington University, Milken Institute School of Public Health, Department of Exercise & Nutrition Sciences
Faculty Instructor: Amanda J. Visek, PhD, CMPC, FAASP
Fall Semester 2020, Spring Semester 2022, Fall Semester 2022, Washington, D.C.
 - Assisted in navigating Blackboard, course design, syllabi revision, and teaching
 - Created lesson plans along with Reading Assurance Checks for students
 - Met with students registered with Disability Support Services (DSS) to ensure optimal learning experiences
 - Graded assignments, provided detailed feedback, and input grades into Blackboard
 - Led peer review meetings and worked with individual students to provide personalized educational support

- **Peer Writing Preceptor (PWP)**, *The Psychology of Injury and Rehabilitation* (EXNS 3123W)
Fall Semester 2019, Washington, D.C.
 - Provided detailed feedback and suggestions for improvement on students' papers
 - Led peer review meetings and attended the course in person weekly to support the students and professor

Community Service

- **Aurora Warms the Night**, non-profit and temporary sheltering program
September 2021-June 2023, Aurora, CO
Role: Volunteer
 - Cleaned shelter, served meals, distributed basic need items and clothing
 - Interacted and displayed empathy and compassion with individuals faced with homelessness

- **Smithsonian**
March 2020-July 2020, Washington, D.C.

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Role: Volunteer

- Transcribed documents to allow diverse data and collections to be more accessible

- **D.C. Central Kitchen**, non-profit and social enterprise

August 2016-March 2020, Washington, D.C.

Role: Volunteer

- Prepared food and distributed to D.C. schools

- **Keen Greater D.C.**, non-profit empowering youth with disabilities

August 2016-March 2020, Washington, D.C.

Role: Volunteer

- Played sports with neurodiverse children and encouraged participation, involvement, and leadership
- Tailored sports and activities to the needs of each individual

Athletic Achievement & Hobbies

- Marathon runner (Boston Qualified (BQ) x 5, PR: 3:01:48)
- Skiing enthusiast
- Classical pianist